

Thursday Schedule

	Long Jump	Triple Jump	Shot Put	High Jump	Discus	Javelin	Pole Vault
8:30 AM	U-8 B	U-12 B	U-10 B	U-10 G(3'6")	U-8 G	U-14-18 G	
9:30AM	U-12 B	U-12 G	U-8 B	U-10 B (3'10")	U-10 G		
10:30 AM	U-10 G	U-10 B	U-12 G	U-12 G(3'6")	U-12 B	U-16/18 B	10:00 am 14UG, U16G,18 G
11:30 AM	U-8 G	U-10 G	U-12 B		U-10 B		11:30 am 14UB, U16B,18UB
12:30 PM	U-12 G	U-8 B	U-10 G	U-12 B (3'10")	U-8 B	U-14 B	
1:30 PM	U-10 B	U-8 G	U-8 G		U-12G		
2:00 PM	U-14 G	U-14 B	U-14 B	U-16/18 B (5'0")	U16,18 G		
3:00 PM	U-16/18 G	U16/18 B	U-16/18 G	U-14 G (3'10")	U-14 B		
4:00 PM	U-14 B	U-14 G	U-14 G	U-16/18 G (4'2")	U-16/18 B		
5:00 PM	U-16,18 B	U-16,18 G	U-16, 18 B	U-14 B (4'4")	14-U G		

NOTE: Starting Height for High Jump no exceptions

8:30 AM

U14, 16, 18
U12, 14, 16, 18
U14, 16, 18

100m Pre- Lims
4x800 relay
100/110 Hurdles

U14, 16, 18
U14, 16, 18
U14, 16, 18
U14, 16, 18
U14, 16, 18
U14, 16, 18
U14, 16, 18
U14, 16, 18
U14, 16, 18
U14, 16, 18

4x200 relay
1600m
4x100 relay
400m
300m Hurdles
100m Finals
800m
200m
Steeplechase
4x400 relay

2:00 PM

U12
U10, 12
U8, 10, 12
U8, 10, 12
U8, 10, 12
U8, 10, 12
U8, 10, 12
U8
U8, 10, 12
U 8,10, 12
U10, 12

4x800 relay
80m Hurdles
100m
4x200 relay
800m
4x100 relay
400m
50m
200m
1600m
4x400