

2013 Home School Nationals

Springfield, MO – 5/10/2013 to 5/11/2013

Individual Race Results

Female – 10 and Under

Girls 100 Meter Dash 10 and Under						
Place		Name	Team	Seed	Finals	H#
1	545	Epps, Lydia	Somo Rush	15.90	15.74	1
2	346	Pierson, Hailey	Illinois Crusaders	15.19	15.91	1
3	531	Acorn, Willow	Somo Rush	16.75	16.36	1
4	101	Springer, Willow	Albuquerque	19.00	16.55	2
5	454	Rhoades, Nicole	LCA Chargers	15.64	16.57	1
6	380	DeFeo, Lucea	KC East	16.00	16.61	1
7	150	Trembly, Annika	Christ Prep, KC		16.68	3
8	243	Evers, Courtney	FCA Knights	18.00	17.05	2
9	459	Tucking, Melanie	LCA Chargers	16.81	17.12	1
10	234	Barrett, Sarah	FCA Knights	16.60	17.66	1
11	237	Brink Abigail	FCA Knights	16.90	17.79	1
12	351	Williams, Schuyler	Illinois Crusaders	18.21	17.92	2
13	122	Froebe, Rebecca	Christ Prep, KC		18.07	3
14	134	Lotz, Victoria	Christ Prep, KC		18.47	3
15	442	Evans, Cynthia	LCA Chargers		18.72	3
16	632	Cunningham, Sophia	Team Velocity		18.84	2
17	247	Henry, Helen	FCA Knights	19.80	19.16	2
18	256	Paoletti, Isabella	FCA Knights	19.50	x19.24	2
19	540	Coss, Hannah	Somo Rush	18.87	19.32	2
20	563	Whitaker, Hannah	Somo Rush	19.53	19.54	2
21	533	Ashcraft, Rebekah	Illinois Crusaders		x23.31	3

Girls 200 Meter Dash 10 and Under						
Place		Name	Team	Seed	Finals	H#
1	346	Pierson, Hailey	Illinois Crusaders	34.81	32.80	1
2	545	Epps, Lydia	Somo Rush		32.89	3
3	101	Springer, Willow	Albuquerque	38.00	33.27	1
4	243	Evers, Courtney	FCA Knights	38.00	34.39	1
5	150	Trembly, Annika	Christ Prep, KC		35.62	3
6	261	Thomas, Kendall	FCA Knights	38.00	35.99	1
7	234	Barrett, Sarah	FCA Knights	36.10	36.27	1
8	257	Rash, Zoe	FCA Knights	39.00	36.65	2
9	237	Brink, Abigail	FCA Knights	38.11	x36.86	1
10	122	Froebe, Rebecca	Christ Prep, KC		37.30	2
11	240	Brock, Rachael	FCA Knights	39.00	x38.07	1
12	380	DeFeo, Lucea	KC East	37.00	38.51	1
13	547	France, Kiersten	Somo Rush		38.58	2
14	557	Rhodes, Jessica	Somo Rush	40.59	40.84	2
15	247	Henry, Helen	FCA Knights	42.00	x41.02	2
16	540	Coss, Hannah	Somo Rush		41.78	3
17	256	Paoletti, Isabella	FCA Knights	42.00	x41.90	2
18	563	Whitaker, Hannah	Somo Rush	43.88	x42.80	2

Girls 400 Meter Dash 10 and Under					
Place		Name	Team	Seed	Finals
1	380	DeFeo, Lucea	KC East	01:16.00	01:23.94
2	346	Pierson, Hailey	Illinois Crusaders	01:31.50	01:24.84
3	234	Barrett, Sarah	FCA Knights	01:23.00	01:28.18
4	557	Rhodes, Jessica	Somo Rush		01:35.73
5	547	France, Kiersten	Somo Rush		01:38.70

Girls 800 Meter Run 10 and Under					
Place		Name	Team	Seed	Finals
1	344	Johnson, Sloane	Illinois Crusaders	03:32.00	03:22.85
2	557	Rhodes, Jessica	Somo Rush	03:22.56	03:23.07

Girls 1600 Meter Run 10 and Under					
Place		Name	Team	Seed	Finals
1	454	Rhoades, Nicole	LCA Chargers	07:23.00	07:00.73
2	338	Budill, Grace	Illinois Crusaders	07:34.00	07:47.30
3	459	Tucking, Melanie	LCA Chargers	07:55.00	08:31.89

Girls 2400 Meter Run 10 and Under					
Place		Name	Team	Seed	Finals
1	338	Budill, Grace	Illinois Crusaders	12:26.00	11:58.31

Girls 80 Meter Hurdles 10 and Under					
Place		Name	Team	Seed	Finals
1	237	Brink, Abigail	FCA Knights	18.10	20.23

Girls 4x100 Meter Relay 10 and Under						
Place	Team			Seed	Finals	
1	Illinois Crusaders 'A'				01:07.51	
	1)	346	Pierson, Hailey	2)	351	Williams, Schuyler
	3)	344	Johnson, Sloane	4)	338	Budill, Hope
2	Christ Prep, KC 'A'				01:09.06	
	1)	144	Reece, Carinne	2)	150	Trembly, Annika
	3)	122	Froebe, Rebecca	4)	134	Lotz, Victoria
3	FCA Knights 'A'			01:20.00	01:11.00	
	1)	240	Brock, Rachael	2)	256	Paoletti, Isabella
	3)	257	Rash, Zoe	4)	261	Thomas, Kendall
4	Somo Rush 'A'				01:16.34	
	1)	557	Rhodes, Jessica	2)	540	Coss, Hannah
	3)	563	Whitaker, Hannah	4)	531	Acorn, Willow

Girls 4x200 Meter Relay 10 and Under						
Place	Team				Seed	Finals
1	Somo Rush 'A'					02:33.13
	1)	557	Rhodes, Jessica	2)	547	France, Kiersten
	3)	563	Whitaker, Hannah	4)	531	Acorn, Willow
2	Christ Prep, KC 'A'					02:37.38
	1)	150	Trembly, Annika	2)	122	Froebe, Rebecca
	3)	134	Lotz, Victoria	4)	144	Reece, Carinne
3	FCA Knights 'A'				02:30.00	02:46.51
	1)	243	Evers, Courtney	2)	240	Brock, Rachael
	3)	257	Rash, Zoe	4)	261	Thomas, Kendall

Girls 4x400 Meter Relay 10 and Under						
Place	Team				Seed	Finals
1	FCA Knights 'A'				06:09.00	05:45.89
	1)	237	Brink, Abigail	2)	257	Rash, Zoe
	3)	243	Evers, Courtney	4)	261	Thomas, Kendall
2	LCA Chargers 'A'					02:37.38
	1)	454	Rhoades, Nicole	2)	455	Shepard, Gwen
	3)	450	Myers, Zoie	4)	459	Tucking, Melanie

Girls High Jump 10 and Under					
Place		Name	Team	Seed	Finals
1	545	Epps, Lydia	Somo Rush	1.24m	1.10m
2	247	Henry, Helen	FCA Knights		0.80m

Girls Long Jump 10 and Under					
Place		Name	Team	Seed	Finals
1	545	Epps, Lydia	Somo Rush	3.46m	3.35m
2	454	Rhoades, Nicole	LCA Chargers	3.20m	3.04m
3	243	Evers, Courtney	FCA Knights	2.84m	2.98m
4	380	DeFeo, Lucea	KC East		2.94m
5	261	Thomas, Kendall	FCA Knights	2.74m	2.85m
6	632	Cunningham, Sophia	Team Velocity		2.71m
7	101	Springer, Willow	Albuquerque		2.69m
8	459	Tucking, Melanie	LCA Chargers	3.04m	2.68m
9	240	Brock, Rachael	FCA Knights	2.43m	2.63m
10	563	Whitaker, Hannah	Somo Rush	2.66m	2.63m
11	338	Budill, Grace	Illinois Crusaders	3.16m	2.62m
12	134	Lotz, Victoria	Christ Prep, KC		2.55m
13	344	Johnson, Sloane	Illinois Crusaders		2.48m
14	442	Evans, Cynthia	LCA Chargers	2.66m	2.42m
15	256	Paoletti, Isabella	FCA Knights	1.98m	2.41m
16	150	Trembly, Annika	Christ Prep, KC		2.37m
17	122	Froebe, Rebecca	Christ Prep, KC		2.36m
18	257	Rash, Zoe	FCA Knights	2.33m	x2.13m
--	540	Coss, Hannah	Somo Rush		ND

Girls Triple Jump 10 and Under					
Place		Name	Team	Seed	Finals
1	237	Brink, Abigail	FCA Knights	6.19m	6.32m
2	247	Henry, Helen	FCA Knights	5.05m	5.32m
3	547	France, Kiersten	Somo Rush		4.29m
--	632	Cunningham, Sophia	Team Velocity		ND

Girls Shot Put 10 and Under					
Place		Name	Team	Seed	Finals
1	351	Williams, Schuyler	Illinois Crusaders	4.92m	6.46m
2	533	Ashcraft, Rebekah	Somo Rush	6.54m	5.93m
3	344	Johnson, Sloane	Illinois Crusaders	4.90m	5.44m
4	442	Evans, Cynthia	LCA Chargers	4.50m	4.76m
5	454	Rhoades, Nicole	LCA Chargers	4.03m	4.31m
6	459	Tucking, Melanie	LCA Chargers		4.24m
7	247	Henry, Helen	FCA Knights	3.93m	3.25m
--	101	Springer, Willow	Albuquerque		ND
--	632	Cunningham, Sophia	Team Velocity		ND

Girls Discus Throw 10 and Under					
Place		Name	Team	Seed	Finals
1	351	Williams, Schuyler	Illinois Crusaders	16.23m	14.04m
2	344	Johnson, Sloane	Illinois Crusaders	13.79m	13.54m
3	533	Ashcraft, Rebekah	Somo Rush	12.67m	12.58m

Triathlon: #1 Girls 200 Meter Dash 10 and Under Triathlon					
Place		Name	Team	Finals	Points
1	545	Epps, Lydia	Somo Rush	32.12	344
2	454	Rhoades, Nicole	LCA Chargers	34.87	197
3	261	Thomas, Kendall	FCA Knights	35.53	167
4	338	Budill, Grace	Illinois Crusaders	36.06	145
5	344	Johnson, Sloane	Illinois Crusaders	36.81	116
6	257	Rash, Zoe	FCA Knights	36.93	111
7	234	Barrett, Sarah	FCA Knights	37.06	107
8	459	Tucking, Melanie	LCA Chargers	39.09	45
9	442	Evans, Cynthia	LCA Chargers	40.24	21

Triathlon: #3 Girls Long Jump 10 and Under Triathlon					
Place		Name	Team	Finals	Points
1	545	Epps, Lydia	Somo Rush	3.19m	140
2	261	Thomas, Kendall	FCA Knights	2.56m	41
3	454	Rhoades, Nicole	LCA Chargers	2.52m	36
4	338	Budill, Grace	Illinois Crusaders	2.49m	33
5	459	Tucking, Melanie	LCA Chargers	2.48m	31
6	234	Barrett, Sarah	FCA Knights	2.26m	9
7	442	Evans, Cynthia	LCA Chargers	2.19m	4
8	344	Johnson, Sloane	Illinois Crusaders	2.08m	
9	257	Rash, Zoe	FCA Knights	1.80m	

Triathlon: #2 Girls Shot Put 10 and Under Triathlon					
Place		Name	Team	Finals	Points
1	545	Epps, Lydia	Somo Rush	5.17m	219
2	344	Johnson, Sloane	Illinois Crusaders	5.02m	210
3	442	Evans, Cynthia	LCA Chargers	4.76m	193
4	454	Rhoades, Nicole	LCA Chargers	4.51m	178
5	234	Barrett, Sarah	FCA Knights	4.24m	161
6	338	Budill, Grace	Illinois Crusaders	3.89m	139
7	261	Thomas, Kendall	FCA Knights	3.57m	120
8	459	Tucking, Melanie	LCA Chargers	3.43m	111
9	257	Rash, Zoe	FCA Knights	3.05m	88

Girls Triathlon 8 and Under					
Place		Name	Team	Seed	Finals
1	545	Epps, Lydia	Somo Rush		703
2	454	Rhoades, Nicole	LCA Chargers		411
3	261	Thomas, Kendall	FCA Knights		328
4	344	Johnson, Sloane	Illinois Crusaders		326
5	338	Budill, Grace	Illinois Crusaders		317
6	234	Barrett, Sarah	FCA Knights		277
7	442	Evans, Cynthia	LCA Chargers		218
8	257	Rash, Zoe	FCA Knights		199
9	459	Tucking, Melanie	LCA Chargers		187

Women - 10 and Under - Team Rankings - 16 Events Scored		
Place	Team	Points
1	Somo Rush	121
2	FCA Knights	120
3	Illinois Crusaders	117
4	LCA Chargers	67
5	Christ Prep, KC	38
6	KC East	18
7	Albuquerque Homeschool	13
8	Team Velocity	3