

**2023 Heartland Regional Track Meet - 3/26/2023****3/26/2023****Results****Girls 1-8 50 Meter Dash**

Name	Age Team	Finals
Finals		
1 Hiett, Grace	8 Springfield Knights	8.26
2 Wiberg, Emma	7 Springfield Knights	9.90
3 Dodgen, Axie 8U	8 Shine	21.89
-- Hicks, Gwendolyn	8 Northwest Arkans	DQ
-- Lawson, Clara	8 Northwest Arkans	DQ

**Girls 1-8 100 Meter Dash**

Name	Age Team	Finals
1 Morgan, Adelyn	8 Springfield Knights	16.48
2 McLean, Alora	8 Springfield Knights	17.08
3 Hicks, Gwendolyn	8 Northwest Arkans	31.12
-- Dodgen, Axie 8U	8 Shine	DQ
-- Lawson, Clara	8 Northwest Arkans	DQ

**Girls 9-10 100 Meter Dash**

Name	Age Team	Finals
1 Dodgen, Ashyr 10u	10 Shine	16.51
2 McLean, MaLeah	10 Springfield Knights	16.91
3 Lwali, Asali	9 Springfield Knights	18.68
4 Jenks, Norah	9 Springfield Knights	18.71
5 Blankenship, Lexi	10 Nighthawks	18.86
6 Stearman, Kaitlyn	10 Springfield Rush	19.64
7 Welte, Jadence	9 Springfield Knights	20.00

**Girls 11-12 100 Meter Dash**

Name	Age Team	Finals
1 Blankenship, Bree	12 Nighthawks	14.97
2 Stone, Miracle	11 Springfield Knights	15.62
3 Mahadevan, Lauren U12	12 Springfield Knights	16.55
4 Burke, Evalyn	11 Springfield Knights	16.63
5 Bloom, Haven	12 Nighthawks	17.43
6 Fahlstrom, Annalynn	11 Springfield Knights	17.57
7 Cammeron, Cheyenne	11 Springfield Knights	18.47

**Girls 13-14 100 Meter Dash**

Name	Age Team	Finals
1 Schroeder, lily	14 Springfield Knights	12.73
2 Ray, Lily	14 Springfield Rush	12.92
3 Garrison, Selah	14 Springfield Rush	13.30

**2023 Heartland Regional Track Meet - 3/26/2023****3/26/2023****Results****Girls 15-18 100 Meter Dash**

Name	Age Team	Finals
1 De Atley, Kitty	16 Northwest Arkans	12.81
2 Tolin, Skyler	16 Nighthawks	13.05
-- Schroeder, Tayla	17 Springfield Knights	DQ

**Girls 1-8 200 Meter Dash**

Name	Age Team	Finals
1 Metzner, Elizabeth	8 Northwest Arkans	40.63
2 Morgan, Caralyn	8 Springfield Knights	42.57

**Girls 11-12 200 Meter Dash**

Name	Age Team	Finals	H#
1 Blankenship, Bree	12 Nighthawks	31.25	1
2 Backner, Emily	12 Springfield Rush	34.53	1
3 Mahadevan, Lauren U12	12 Springfield Knights	36.37	1
4 Classen, Amelia	12 Northwest Arkans	37.18	2
5 Bloom, Haven	12 Nighthawks	37.61	1
6 Burke, Evalyn	11 Springfield Knights	38.13	1
7 Fahlstrom, Annalynn	11 Springfield Knights	38.61	2
8 Hawkins, Destiny	12 Northwest Arkans	40.04	2
9 King, Kalli	12 Springfield Knights	41.33	2
10 Shipley, Jadah	12 Springfield Knights	42.45	1
11 Cammeron, Cheyenne	11 Springfield Knights	42.94	2

**Girls 13-14 200 Meter Dash**

Name	Age Team	Finals
1 Sterbenz, Lila	14 Nighthawks	28.36
2 Garrison, Selah	14 Springfield Rush	29.49
3 Abide, Veronica	14 Northwest Arkans	32.83
4 Kentner, Eliza	14 Northwest Arkans	34.04
5 Schneider, Anna	14 Northwest Arkans	34.81
-- Gerstner, Hannah	14 Springfield Knights	DQ
-- Ray, Lily	14 Springfield Rush	DQ

**Girls 15-18 200 Meter Dash**

Name	Age Team	Finals
1 Tolin, Skyler	16 Nighthawks	27.13
2 Clingman, Esther	15 Springfield Knights	29.04
3 De Atley, Annie	15 Northwest Arkans	31.01
4 Baber, Avery	18 Northwest Arkans	39.19
-- Schneider, Anna hs	15 Northwest Arkans	DQ

**2023 Heartland Regional Track Meet - 3/26/2023****3/26/2023****Results****Girls 1-8 400 Meter Dash**

Name	Age Team	Finals
1 Morgan, Adelyn	8 Springfield Knights	1:31.69
2 Koontz, Annabella	8 Springfield Rush	1:39.22
3 Sterbenz, Hattie	8 Nighthawks	2:05.08

**Girls 11-12 400 Meter Dash**

Name	Age Team	Finals
1 Blankenship, Bree	12 Nighthawks	1:10.14
2 Schroeder, Kinsley	12 Springfield Knights	1:15.04
3 Jenks, Finley	12 Springfield Knights	1:18.08
4 Backner, Emily	12 Springfield Rush	1:22.09
5 Burgess, Moriah	12 Springfield Rush	1:52.30

**Girls 13-14 400 Meter Dash**

Name	Age Team	Finals
1 Schroeder, lily	14 Springfield Knights	1:06.68
2 Schroeder, Miaya	14 Springfield Knights	1:11.65
3 Abide, Veronica	14 Northwest Arkans	1:18.61
4 Wendell, Lydia	14 Northwest Arkans	1:27.90
5 Schneider, Anna	14 Northwest Arkans	1:37.95
6 Gerstner, Hannah	14 Springfield Knights	1:40.74
7 Baker, Mya	13 Springfield Knights	1:44.70

**Girls 15-18 400 Meter Dash**

Name	Age Team	Finals	H#
1 Tolin, Skyler	16 Nighthawks	1:02.96	1
2 Kobach, Reagan	16 Nighthawks	1:08.57	1
3 Jasperson, Morgan	16 Springfield Knights	1:11.06	1
4 Hicks, Veronique	16 Northwest Arkans	1:12.93	2
5 Hynson, Lilyan	15 Springfield Knights	1:15.46	2
6 Schneider, Anna hs	15 Northwest Arkans	1:15.77	1
7 Hicks, Charis	18 Northwest Arkans	1:24.66	2
8 Wendell, Josephine	15 Northwest Arkans	1:28.91	1
9 Baber, Avery	18 Northwest Arkans	1:37.61	2
-- Christensen, Rosalind	15 Springfield Knights	DQ	1
-- Addision, Karlie	16 Northwest Arkans	DQ	2
-- Parker, Lauren	15 Springfield Rush	DQ	1

**Girls 9-10 200 Meter Run**

Name	Age Team	Finals
1 Dodgen, Ashyr 10u	10 Shine	35.54
2 Schroeder, Elyssa	10 Springfield Knights	37.74
3 Blankenship, Lexi	10 Nighthawks	41.68

**2023 Heartland Regional Track Meet - 3/26/2023****3/26/2023****Results****Girls 9-10 400 Meter Run**

Name	Age Team	Finals
1 Blankenship, Lexi	10 Nighthawks	1:34.76

**Girls 1-8 800 Meter Run**

Name	Age Team	Finals
1 Koontz, Annabella	8 Springfield Rush	3:35.16
2 Bird, Lizi	8 Northwest Arkans	3:35.93
3 Metzner, Lily	8 Northwest Arkans	3:48.86
4 Sterbenz, Hattie	8 Nighthawks	4:26.40

**Girls 9-10 800 Meter Run**

Name	Age Team	Finals
1 Wiberg, Addison	10 Springfield Knights	3:28.68

**Girls 11-12 800 Meter Run**

Name	Age Team	Finals
1 Sterbenz, Bayli	12 Nighthawks	2:36.68
2 Mahadevan, Lauren U12	12 Springfield Knights	3:13.37
3 Hicks, Millie	12 Northwest Arkans	4:27.51

**Girls 13-14 800 Meter Run**

Name	Age Team	Finals
1 Metzner, Abby	14 Northwest Arkans	3:04.24
2 Wetzell, Shiloh	13 Northwest Arkans	3:15.05
3 Dodgen, Aslan 14u	14 Shine	3:17.81
4 Wendell, Lydia	14 Northwest Arkans	3:24.84
5 Burgess, Brielle	14 Springfield Rush	3:37.94
6 Baker, Mya	13 Springfield Knights	4:04.67

**Girls 15-18 800 Meter Run**

Name	Age Team	Finals
1 Christensen, Rosalind	15 Springfield Knights	2:56.31
2 Knight, Hope	18 Marion Hope Chri	3:03.69
3 Hynson, Lilyan	15 Springfield Knights	3:09.72
4 Wendell, Josephine	15 Northwest Arkans	3:32.23
5 Bates, Ellison	15 Springfield Knights	3:34.55

**Girls 1-8 1600 Meter Run**

Name	Age Team	Finals
1 Metzner, Elizabeth	8 Northwest Arkans	8:24.78
2 Metzner, Lily	8 Northwest Arkans	8:28.60
3 Wiberg, Emma	7 Springfield Knights	8:29.47

**2023 Heartland Regional Track Meet - 3/26/2023****3/26/2023****Results****Girls 9-10 1600 Meter Run**

Name	Age Team	Finals
1 Bird, Bethany U10	10 Northwest Arkans	7:13.43

**Girls 11-12 1600 Meter Run**

Name	Age Team	Finals
1 Sterbenz, Bayli	12 Nighthawks	5:40.22
2 Jenks, Finley	12 Springfield Knights	7:08.84

**Girls 13-14 1600 Meter Run**

Name	Age Team	Finals
1 Schroeder, Ashlyn	14 Springfield Knights	6:36.97
2 Metzner, Abby	14 Northwest Arkans	6:53.03
3 Dodgen, Aslan 14u	14 Shine	6:59.16
4 Wetzell, Shiloh	13 Northwest Arkans	7:01.99

**Girls 15-18 1600 Meter Run**

Name	Age Team	Finals
1 Cooper, Adi	18 Springfield Knights	5:58.42
2 Kobach, Reagan	16 Nighthawks	6:05.02
3 Goze, Keena	17 Northwest Arkans	6:10.85
4 Christensen, Rosalind	15 Springfield Knights	6:12.86
5 McCarter, Payton	16 Nighthawks	6:57.60

**Girls 11-12 2400 Meter Run**

Name	Age Team	Finals
1 Sterbenz, Bayli	12 Nighthawks	8:49.44

**Girls 15-18 3200 Meter Run**

Name	Age Team	Finals
1 Cooper, Adi	18 Springfield Knights	12:26.97
2 Goze, Keena	17 Northwest Arkans	13:19.42
-- McCarter, Payton	16 Nighthawks	DQ

**Girls 9-10 80 Meter Hurdles**

Name	Age Team	Finals
1 Dodgen, Ashyr 10u	10 Shine	20.63

**Girls 11-12 80 Meter Hurdles**

Name	Age Team	Finals
1 Stone, Miracle	11 Springfield Knights	17.46

**2023 Heartland Regional Track Meet - 3/26/2023****3/26/2023****Results****....Girls 11-12 80 Meter Hurdles**

2 Christensen, Margaret	11 Springfield Knights	19.08
3 King, Kalli	12 Springfield Knights	19.69

**Girls 13-14 100 Meter Hurdles**

Name	Age Team	Finals
1 Sterbenz, Lila	14 Nighthawks	17.36
2 Beckner, Emily 14u	13 Springfield Rush	21.73

**Girls 15-18 100 Meter Hurdles**

Name	Age Team	Finals
1 Koontz, Trinity	16 Springfield Rush	17.96
2 Parker, Lauren	15 Springfield Rush	19.39
3 Hansen, Kathryn	15 Springfield Knights	19.79
4 Richards, Kylie	18 Marion Hope Chri	20.77

**Girls 13-14 300 Meter Hurdles**

Name	Age Team	Finals
1 Sterbenz, Lila	14 Nighthawks	54.83
2 Beckner, Emily 14u	13 Springfield Rush	1:08.04

**Girls 15-18 300 Meter Hurdles**

Name	Age Team	Finals
1 Koontz, Trinity	16 Springfield Rush	57.79
2 Hansen, Kathryn	15 Springfield Knights	59.25
3 Cooper, Adi	18 Springfield Knights	1:06.12
4 Hawkins, Grace	18 Northwest Arkans	1:11.69
5 Hicks, Charis	18 Northwest Arkans	1:16.53
-- Richards, Kylie	18 Marion Hope Chri	DQ

**Girls 1-8 4x100 Meter Relay**

Team	Finals
1 Northwest Arkansas Hornets 'A'	1:31.54
1) Bird, Lizi 8	2) Lawson, Clara 8
3) Metzner, Elizabeth 8	4) Metzner, Lily 8

**Girls 9-10 4x100 Meter Relay**

Team	Finals
1 Springfield Knights 'A'	1:17.71
1) Wiberg, Addison 10	2) Schroeder, Elyssa 10
3) McLean, MaLeah 10	4) Jenks, Norah 9
2 Springfield Rush 'A'	1:26.86
1) Burgess, Vivienne 10	2) Koontz, Mattalin 10
3) Stearman, AnnaLynne 9	4) Stearman, Kaitlyn 10

**2023 Heartland Regional Track Meet - 3/26/2023****3/26/2023****Results****Girls 11-12 4x100 Meter Relay**

Team	Finals
1 Springfield Knights 'A'	1:07.83
1) Burke, Evalyn 11	2) Schroeder, Kinsley 12
3) Mahadevan, Lauren U12 12	4) Stone, Miracle 11

**Girls 13-14 4x100 Meter Relay**

Team	Finals
1 Springfield Rush 'A'	1:00.65
1) Burgess, Brielle 14	2) Garrison, Selah 14
3) Ray, Lily 14	4) Polston, Joslynn 14
2 Springfield Knights 'A'	1:01.13
1) Schroeder, Miaya 14	2) Schroeder, lily 14
3) Welte, Jennady 14	4) Schroeder, Ashlyn 14

**Girls 15-18 4x100 Meter Relay**

Team	Finals
1 Northwest Arkansas Hornets 'A'	58.80
1) Addision, Karlie 16	2) De Atley, Kitty 16
3) Hicks, Veronique 16	4) Hawkins, Grace 18
2 Springfield Knights 'A'	1:05.56
1) Bates, Ellison 15	2) Hansen, Kathryn 15
3) Rives, Grace 17	4) Schroeder, Tayla 17
-- Marion Hope Christian Academy 'A'	DQ

**Girls 9-10 4x200 Meter Relay**

Team	Finals
1 Springfield Knights 'A'	3:26.66
1) Morgan, Caralyn 10u 9	2) Lwali, Asali 9
3) Potter, Bulah 9	4) Welte, Jadence 9

**Girls 11-12 4x200 Meter Relay**

Team	Finals
1 Northwest Arkansas Hornets 'A'	2:42.10
1) Bird, Bethany U12 11	2) Classen, Amelia 12
3) Hawkins, Destiny 12	4) Hicks, Millie 12
2 Springfield Knights 'A'	2:52.17
1) Cammeron, Cheyenne 11	2) Potter, Eva Jo 12
3) Shipley, Jadah 12	4) Ferguson, Sarah 12

**Girls 13-14 4x200 Meter Relay**

Team	Finals
1 Northwest Arkansas Hornets 'A'	2:24.85
1) Kentner, Eliza 14	2) Schneider, Anna 14
3) Wendell, Lydia 14	4) Wetzell, Shiloh 13

**2023 Heartland Regional Track Meet - 3/26/2023****3/26/2023****Results****Girls 15-18 4x200 Meter Relay**

Team	Finals
1 Northwest Arkansas Hornets 'A'	2:23.37
1) De Atley, Annie 15	2) Wendell, Josephine 15
3) Baber, Avery 18	4) Hawkins, Grace 18

**Girls 1-8 4x400 Meter Relay**

Team	Finals
1 Springfield Knights 'A'	6:57.08
1) Morgan, Adelyn 8	2) McLean, Alora 8
3) Wiberg, Emma 7	4) Hiett, Grace 8
-- Northwest Arkansas Hornets 'A'	DQ
1) Bird, Lizi 8	2) Lawson, Clara 8
3) Metzner, Elizabeth 8	4) Metzner, Lily 8

**Girls 9-10 4x400 Meter Relay**

Team	Finals
1 Northwest Arkansas Hornets 'A'	6:48.08
1) Bird, Bethany U10 10	2) Fought, Aubrey 10
3) Ortega, Vivianne 10	4) Bird, Lizi 8

**Girls 11-12 4x400 Meter Relay**

Team	Finals
1 Springfield Knights 'A'	6:22.08
1) Fahlstrom, Annalynn 11	2) Jenks, Finley 12
3) King, Kalli 12	4) Christensen, Margaret 11
-- Northwest Arkansas Hornets 'A'	DQ
1) Bird, Bethany U12 11	2) Classen, Amelia 12
3) Hawkins, Destiny 12	4) Hicks, Millie 12

**Girls 13-14 4x400 Meter Relay**

Team	Finals
1 Northwest Arkansas Hornets 'A'	5:48.57
1) Abide, Veronica 14	2) Kentner, Eliza 14
3) Metzner, Abby 14	4) Wendell, Lydia 14

**Girls 15-18 4x400 Meter Relay**

Team	Finals
1 Springfield Knights 'A'	5:07.21
1) Clingman, Esther 15	2) Hynson, Lilyan 15
3) Jaspersen, Morgan 16	4) Christensen, Rosalind 15
2 Northwest Arkansas Hornets 'A'	5:32.27
1) Addision, Karlie 16	2) Hicks, Veronique 16
3) Hicks, Charis 18	4)



**2023 Heartland Regional Track Meet - 3/26/2023****3/26/2023****Results****Girls 15-18 4x800 Meter Relay**

Team	Finals
1 Northwest Arkansas Hornets 'A'	12:56.38
1) Metzner, Abby hs 15	2) Wetzler, Shiloh hs 15
3) De Atley, Kitty 16	4) Goze, Keena 17

**Girls 1-8 High Jump**

Name	Age Team	Finals
1 McLean, Alora	8 Springfield Knights	2-10.00

**Girls 9-10 High Jump**

Name	Age Team	Finals
-- Stearman, Kaitlyn	10 Springfield Rush	DQ

**Girls 11-12 High Jump**

Name	Age Team	Finals
1 Ferguson, Sarah	12 Springfield Knights	3-04.00
2 Christensen, Margaret	11 Springfield Knights	3-02.00

**Girls 13-14 High Jump**

Name	Age Team	Finals
1 Dodgen, Aslan 14u	14 Shine	3-08.00
2 Gerstner, Hannah	14 Springfield Knights	3-06.00

**Girls 15-18 High Jump**

Name	Age Team	Finals
1 Koontz, Trinity	16 Springfield Rush	4-06.00
2 Richards, Kylie	18 Marion Hope Chri	4-04.00
3 Parker, Lauren	15 Springfield Rush	4-02.00
4 Jaspersen, Morgan	16 Springfield Knights	4-02.00
5 Hicks, Charis	18 Northwest Arkans	3-04.00

**Girls 1-8 Long Jump**

Name	Age Team	Finals
1 Hiett, Grace	8 Springfield Knights	9-06.25
2 Morgan, Adelyn	8 Springfield Knights	9-01.00
3 Bird, Lizi	8 Northwest Arkans	8-01.75
4 Koontz, Annabella	8 Springfield Rush	7-09.50
5 McLean, Alora	8 Springfield Knights	7-04.00
6 Sterbenz, Hattie	8 Nighthawks	6-01.50
-- Hicks, Gwendolyn	8 Northwest Arkans	DQ

**2023 Heartland Regional Track Meet - 3/26/2023****3/26/2023****Results****Girls 9-10 Long Jump**

Name	Age	Team	Finals	H#
1 McLean, MaLeah	10	Springfield Knights	9-08.00	1
2 Bird, Bethany U10	10	Northwest Arkans	9-07.75	1
3 Dodgen, Ashyr 10u	10	Shine	9-01.00	1
4 Schroeder, Elyssa	10	Springfield Knights	8-08.25	2
5 Koontz, Mattalin	10	Springfield Rush	7-06.75	2
6 Wiberg, Addison	10	Springfield Knights	7-06.50	1
7 Blankenship, Lexi	10	Nighthawks	7-01.25	1
8 Stearman, Kaitlyn	10	Springfield Rush	6-00.00	1
9 Potter, Bulah	9	Springfield Knights	5-07.50	2
10 Stearman, AnnaLynne	9	Springfield Rush	5-06.75	1
11 Burgess, Vivienne	10	Springfield Rush	5-01.75	1

**Girls 11-12 Long Jump**

Name	Age	Team	Finals	H#
1 Stone, Miracle	11	Springfield Knights	13-04.00	2
2 Blankenship, Bree	12	Nighthawks	11-04.75	2
3 Tolin, Peyton	12	Nighthawks	10-00.25	1
4 Hawkins, Destiny	12	Northwest Arkans	9-11.25	1
5 Classen, Amelia	12	Northwest Arkans	9-08.00	1
6 Schroeder, Kinsley	12	Springfield Knights	9-07.50	2
7 Burke, Evalyn	11	Springfield Knights	8-02.25	1
8 Potter, Eva Jo	12	Springfield Knights	7-09.50	1
9 Bloom, Haven	12	Nighthawks	7-09.00	2
10 Wright, Claire	12	Springfield Rush	7-08.25	1
11 Burgess, Moriah	12	Springfield Rush	6-06.50	1
12 Hicks, Millie	12	Northwest Arkans	6-00.00	1

**Girls 13-14 Long Jump**

Name	Age	Team	Finals	H#
1 Sterbenz, Lila	14	Nighthawks	14-05.50	1
2 Garrison, Selah	14	Springfield Rush	13-07.75	2
3 Ray, Lily	14	Springfield Rush	13-06.00	2
4 Schroeder, lily	14	Springfield Knights	13-03.50	1
5 Polston, Joslynn	14	Springfield Rush	12-05.50	1
6 Abide, Veronica	14	Northwest Arkans	11-02.75	2
7 Schroeder, Ashlyn	14	Springfield Knights	10-10.75	1
8 Kentner, Eliza	14	Northwest Arkans	10-09.25	1
9 Dodgen, Aslan 14u	14	Shine	10-03.50	1

**Girls 15-18 Long Jump**

Name	Age	Team	Finals	H#
1 Hicks, Veronique	16	Northwest Arkans	13-07.50	1
2 Jaspersen, Morgan	16	Springfield Knights	13-03.00	1
3 Parker, Lauren	15	Springfield Rush	13-02.25	1
4 Koontz, Trinity	16	Springfield Rush	12-04.50	1
5 De Atley, Kitty	16	Northwest Arkans	12-00.50	2
6 Rives, Grace	17	Springfield Knights	10-04.75	1

**2023 Heartland Regional Track Meet - 3/26/2023****3/26/2023****Results****....Girls 15-18 Long Jump**

7	Bates, Ellison	15	Springfield Knights	10-02.75	1
8	Hynson, Lilyan	15	Springfield Knights	10-00.00	2
9	Richards, Kylie	18	Marion Hope Chri	10-00.00	2
10	De Atley, Annie	15	Northwest Arkans	9-11.50	1
--	Addision, Karlie	16	Northwest Arkans	DQ	1

**Girls 1-8 Triple Jump**

Name	Age	Team	Finals
1 Hiett, Grace	8	Springfield Knights	22-11.50
2 Morgan, Caralyn	8	Springfield Knights	16-07.50
3 Koontz, Annabella	8	Springfield Rush	16-06.00

**Girls 9-10 Triple Jump**

Name	Age	Team	Finals
1 Wiberg, Addison	10	Springfield Knights	19-00.00
2 McLean, MaLeah	10	Springfield Knights	16-11.50
3 Koontz, Mattalin	10	Springfield Rush	15-09.50

**Girls 11-12 Triple Jump**

Name	Age	Team	Finals
1 Jenks, Finley	12	Springfield Knights	22-07.50
2 Christensen, Margaret	11	Springfield Knights	22-07.00
3 King, Kalli	12	Springfield Knights	17-11.75
4 Wright, Claire	12	Springfield Rush	17-11.50

**Girls 13-14 Triple Jump**

Name	Age	Team	Finals
1 Schroeder, Miaya	14	Springfield Knights	28-11.50

**Girls 15-18 Triple Jump**

Name	Age	Team	Finals
1 Clingman, Esther	15	Springfield Knights	28-07.00
2 Hansen, Kathryn	15	Springfield Knights	27-05.00

**Girls 1-8 Shot Put**

Name	Age	Team	Finals
1 Morgan, Caralyn	8	Springfield Knights	10-03.50
2 Wiberg, Emma	7	Springfield Knights	7-08.50

**2023 Heartland Regional Track Meet - 3/26/2023****3/26/2023****Results****Girls 9-10 Shot Put**

Name	Age	Team	Finals
1 Lwali, Asali	9	Springfield Knights	20-05.50
2 Burgess, Vivienne	10	Springfield Rush	19-01.50
3 Koontz, Mattalin	10	Springfield Rush	17-00.00
4 Jenks, Norah	9	Springfield Knights	13-02.00
5 Welte, Jadence	9	Springfield Knights	11-11.00
6 Stearman, AnnaLynne	9	Springfield Rush	10-05.00
7 Potter, Bulah	9	Springfield Knights	8-07.00

**Girls 11-12 Shot Put**

Name	Age	Team	Finals
1 Ferguson, Sarah	12	Springfield Knights	26-05.50
2 Tolin, Peyton	12	Nighthawks	25-01.00
3 Shipley, Jadah	12	Springfield Knights	22-06.50
4 Burgess, Moriah	12	Springfield Rush	18-03.00
5 Potter, Eva Jo	12	Springfield Knights	16-10.50
6 Wright, Claire	12	Springfield Rush	12-08.00

**Girls 13-14 Shot Put**

Name	Age	Team	Finals
1 Welte, Jennady	14	Springfield Knights	30-08.50
2 Burgess, Brielle	14	Springfield Rush	21-08.00
3 Gerstner, Hannah	14	Springfield Knights	21-05.50
4 Schroeder, Ashlyn	14	Springfield Knights	18-08.50

**Girls 15-18 Shot Put**

Name	Age	Team	Finals
1 Tolin, Skyler	16	Nighthawks	27-04.00
2 Schroeder, Tayla	17	Springfield Knights	24-00.50
3 Boyd, Jocie	16	Springfield Rush	21-02.00
4 De Atley, Annie	15	Northwest Arkans	20-04.50
5 Hamb y, AmyLee	16	Springfield Rush	19-05.00

**Girls 9-10 Discus Throw**

Name	Age	Team	Finals
1 Lwali, Asali	9	Springfield Knights	48-08.75
2 Schroeder, Elyssa	10	Springfield Knights	38-00.25
3 Burgess, Vivienne	10	Springfield Rush	37-10.25
4 Jenks, Norah	9	Springfield Knights	31-01.75
5 Welte, Jadence	9	Springfield Knights	28-03
6 Stearman, AnnaLynne	9	Springfield Rush	21-05.75
7 Potter, Bulah	9	Springfield Knights	18-00.50

**2023 Heartland Regional Track Meet - 3/26/2023****3/26/2023****Results****Girls 11-12 Discus Throw**

Name	Age	Team	Finals	H#
1 Ferguson, Sarah	12	Springfield Knights	57-11.25	1
2 Schroeder, Kinsley	12	Springfield Knights	57-09.75	2
3 Tolin, Peyton	12	Nighthawks	55-07.50	1
4 Shipley, Jadah	12	Springfield Knights	48-01.25	1
5 Cammeron, Cheyenne	11	Springfield Knights	44-09.75	1
6 Burgess, Moriah	12	Springfield Rush	41-01.50	1
7 Potter, Eva Jo	12	Springfield Knights	38-03.25	2
8 Fahlstrom, Annalynn	11	Springfield Knights	36-04.50	2
9 Wright, Claire	12	Springfield Rush	22-04.50	1

**Girls 13-14 Discus Throw**

Name	Age	Team	Finals
1 Polston, Joslynn	14	Springfield Rush	69-08.25
2 Burgess, Brielle	14	Springfield Rush	55-08
3 Welte, Jennady	14	Springfield Knights	48-11.50
4 Schroeder, Miaya	14	Springfield Knights	43-05.25
5 Baker, Mya	13	Springfield Knights	41-00.75

**Girls 15-18 Discus Throw**

Name	Age	Team	Finals
1 Boyd, Jocie	16	Springfield Rush	72-00.75
2 Hamb y, AmyLee	16	Springfield Rush	56-11.50
3 Rives, Grace	17	Springfield Knights	49-01.75

**Girls 13-14 Javelin Throw**

Name	Age	Team	Finals
1 Polston, Joslynn	14	Springfield Rush	75-02.25
2 Welte, Jennady	14	Springfield Knights	43-08.75
3 Baker, Mya	13	Springfield Knights	37-05

**Girls 15-18 Javelin Throw**

Name	Age	Team	Finals
1 Schroeder, Tayla	17	Springfield Knights	74-10.25
2 Clingman, Esther	15	Springfield Knights	62-04
3 Kobach, Reagan	16	Nighthawks	51-00
4 Rives, Grace	17	Springfield Knights	48-11
5 Hamb y, AmyLee	16	Springfield Rush	41-07
6 Bates, Ellison	15	Springfield Knights	34-05.25

**Boys 1-8 50 Meter Dash**

Name	Age	Team	Finals
1 Abide, Elijah	8	Northwest Arkans	8.52
2 Menke, Kingston	8	Springfield Rush	9.00

**2023 Heartland Regional Track Meet - 3/26/2023****3/26/2023****Results****....Boys 1-8 50 Meter Dash**

3	Koontz, Benjamin	8	Springfield Rush	9.52
4	Abide, Peter	6	Northwest Arkans	9.78
5	Riccomini, Nicco	8	Nighthawks	10.08
6	Bird, Caleb	8	Northwest Arkans	10.93
7	Goodwyn, Joseph	8	Springfield Knights	11.33

**Boys 1-8 100 Meter Dash**

Name	Age	Team	Finals
1 Abide, Elijah	8	Northwest Arkans	16.04
2 Ferguson, Jacob	8	Springfield Knights	18.12
3 Minner, Thomas	8	Springfield Knights	18.50
4 White, Dawson u8	8	Northwest Arkans	18.52
5 Stone, Joshua	8	Springfield Knights	18.70
6 Abide, Peter	6	Northwest Arkans	19.07
7 Riccomini, Nicco	8	Nighthawks	19.10
8 Fahlstrom, Benjamin	8	Springfield Knights	19.67

**Boys 9-10 100 Meter Dash**

Name	Age	Team	Finals	H#
1 Schmidt, Zander	10	Northwest Arkans	15.59	2
2 Loomis, Isaac	10	Springfield Knights	15.62	1
3 Jones, Adrien	10	Nighthawks	16.25	1
4 Burke, Monroe	9	Springfield Knights	16.47	1
5 Hynson, Daniel	10	Springfield Knights	16.74	2
6 Parker, Evan	10	Springfield Rush	17.63	1
7 Riccomini, Lucca	10	Nighthawks	17.67	1
8 Mahadevan, Jay	9	Springfield Knights	20.81	2
9 Hicks, Coram	10	Northwest Arkans	22.80	2

**Boys 11-12 100 Meter Dash**

Name	Age	Team	Finals
1 Schmidt, Everett	12	Northwest Arkans	15.08
2 Clingman, Evangel	12	Springfield Knights	15.52
3 Cawein, Nicholas	12	Northwest Arkans	15.80
4 Hyson, Nathaniel	12	Springfield Knights	16.30
5 Menke, Gideon	12	Springfield Rush	16.33
6 Goodwyn, Jonathan	11	Springfield Knights	16.75
7 Lwali, Severin	11	Springfield Knights	16.95
8 Snyder, Joshua	11	Northwest Arkans	17.22

**Boys 13-14 100 Meter Dash**

Name	Age	Team	Finals
1 Rogers, Micah	14	Springfield Knights	12.04
2 Fuchs, Alex	14	Springfield Rush	12.83
3 Goodwyn, Gideon	13	Springfield Knights	12.92
4 Wright, Isaac	14	Springfield Rush	13.20
5 Fahlstrom, Caleb	13	Springfield Knights	13.28

**2023 Heartland Regional Track Meet - 3/26/2023****3/26/2023****Results****...Boys 13-14 100 Meter Dash**

6 DeMera, Jonas	14 Springfield Rush	13.82
7 Clingman, Lemuel	13 Springfield Knights	13.83
-- Berry, Elijah 14u	13 Northwest Arkans	DQ

**Boys 15-18 100 Meter Dash**

Name	Age Team	Finals	H#
1 Hynson, Gabriel	16 Springfield Knights	10.96	1
2 O'Dell, Landon	16 Springfield Rush	11.97	1
3 Powell, Ethan	16 Springfield Rush	12.00	1
4 Stoddard, Brennan	17 Springfield Knights	12.71	2
5 Knight, Nate	15 Marion Hope Chri	13.01	2
6 Simmons, Corban	16 Marion Hope Chri	13.59	1
-- Stone, Samuel	17 Springfield Knights	DQ	1
-- Miller, Logan	15 Marion Hope Chri	DQ	1
-- Manigold, Chris	17 Marion Hope Chri	DQ	2

**Boys 1-8 200 Meter Dash**

Name	Age Team	Finals
1 Minner, Thomas	8 Springfield Knights	39.57
2 White, Dawson u8	8 Northwest Arkans	40.07
3 Cammeron, Reuben	8 Springfield Knights	40.54
4 Wright, Harrison	8 Springfield Rush	43.43
5 Hicks, Myron	8 Northwest Arkans	48.43

**Boys 9-10 200 Meter Dash**

Name	Age Team	Finals
1 Gazaway, Micah	10 Northwest Arkans	33.12
2 Jones, Adrien	10 Nighthawks	35.78
3 Rogers, Seldon	9 Springfield Knights	36.11
4 White, Soren	10 Northwest Arkans	36.48
5 Tolin, Logan	10 Nighthawks	39.57
6 Riccomini, Lucca	10 Nighthawks	40.55

**Boys 11-12 200 Meter Dash**

Name	Age Team	Finals
1 Bucholtz, Karsten	12 Nighthawks	30.82
2 Wiberg, James	12 Springfield Knights	31.49
3 Goze, Sammy	12 Northwest Arkans	33.68
4 Berry, Silas 12u	11 Northwest Arkans	35.23
-- Kentner, Evan	12 Northwest Arkans	DQ

**Boys 13-14 200 Meter Dash**

Name	Age Team	Finals
1 Snyder, Isaac	14 Northwest Arkans	28.35
2 Schmidt, Ryker	14 Northwest Arkans	29.22

**2023 Heartland Regional Track Meet - 3/26/2023****3/26/2023****Results****...Boys 13-14 200 Meter Dash**

3	Lwali, Joshua	13	Springfield Knights	32.44
4	Potter, Solomon	14	Springfield Knights	35.02
5	McConnell, Brooks	13	Northwest Arkans	37.58
--	Goodwyn, Gideon	13	Springfield Knights	DQ
--	Moody, Judah	14	Springfield Rush	DQ

**Boys 15-18 200 Meter Dash**

Name	Age	Team	Finals
1 Welte, Mikale	18	Springfield Knights	24.18
2 Goodwyn, Josiah	17	Springfield Knights	25.98
3 Maloch, Dalton	18	Northwest Arkans	26.97
4 Holt, Lane	15	Northwest Arkans	27.67
5 Clingman, Justice	17	Springfield Knights	28.50
-- Snyder, Isaac hs	15	Northwest Arkans	DQ
-- Schmidt, Ryker hs	15	Northwest Arkans	DQ

**Boys 1-8 400 Meter Dash**

Name	Age	Team	Finals
1 Loomis, Michael	8	Springfield Knights	1:32.56
2 Hyson, Titus	7	Springfield Knights	1:37.29
3 Menke, Kingston	8	Springfield Rush	1:40.27
4 Goodwyn, Joseph	8	Springfield Knights	1:56.12
5 Welte, Matthan	8	Springfield Knights	1:57.64
6 Bird, Caleb	8	Northwest Arkans	2:08.14

**Boys 9-10 400 Meter Dash**

Name	Age	Team	Finals
1 Schmidt, Zander	10	Northwest Arkans	1:19.26
2 Rogers, Keldon	9	Springfield Knights	1:22.60
3 Riccomini, Lucca	10	Nighthawks	1:30.49
4 White, Soren	10	Northwest Arkans	1:31.32
5 McConnell, Noah	10	Northwest Arkans	1:37.16
6 Hicks, Coram	10	Northwest Arkans	2:12.16

**Boys 11-12 400 Meter Dash**

Name	Age	Team	Finals
1 Bucholtz, Karsten	12	Nighthawks	1:07.12
2 Wiberg, James	12	Springfield Knights	1:07.90
3 Schmidt, Everett	12	Northwest Arkans	1:11.67
4 Bird, Colin	12	Northwest Arkans	1:15.28
5 Lwali, Severin	11	Springfield Knights	1:24.69
6 Jaspersen, Jordan	12	Springfield Knights	1:26.37
7 Cawein, Nicholas	12	Northwest Arkans	1:28.69
8 Metzner, Andy	12	Northwest Arkans	1:40.49



**2023 Heartland Regional Track Meet - 3/26/2023****3/26/2023****Results****Boys 13-14 400 Meter Dash**

Name	Age Team	Finals
1 Rogers, Micah	14 Springfield Knights	59.80
2 Powell, Aaron	14 Springfield Rush	1:01.75
3 Robertson, Mark	13 Springfield Knights	1:05.54
4 Clingman, Lemuel	13 Springfield Knights	1:08.52
5 Moody, Judah	14 Springfield Rush	1:10.48
6 Classen, Elliot	14 Northwest Arkans	1:19.42

**Boys 15-18 400 Meter Dash**

Name	Age Team	Finals
1 Hynson, Gabriel	16 Springfield Knights	53.51
2 Knight, Nate	15 Marion Hope Chri	1:03.25
3 Carlsen, Levi	18 Marion Hope Chri	1:06.13

**Boys 15-18 800 Meter Dash**

Name	Age Team	Finals
1 Roaseau, Dalton	16 Springfield Knights	2:31.97
-- Welte, Mundan	16 Springfield Knights	DQ
-- Schmidt, Ryker hs	15 Northwest Arkans	DQ
-- Wright, Blaise	16 Springfield Rush	DQ
-- Jones, William	16 Nighthawks	DQ

**Boys 15-18 1600 Meter Dash**

Name	Age Team	Finals
1 Roaseau, Dalton	16 Springfield Knights	5:04.47
2 Jones, William	16 Nighthawks	5:34.08
3 Nugent, Eugene	16 Springfield Knights	5:39.11
4 Kurtz, David	15 Northwest Arkans	6:39.92
5 Stone, Samuel	17 Springfield Knights	6:43.92
-- Daniels, Will	18 Marion Hope Chri	DQ
-- Hicks, Emery	17 Northwest Arkans	DQ
-- Wright, Blaise	16 Springfield Rush	DQ

**Boys 15-18 3200 Meter Dash**

Name	Age Team	Finals
1 Roaseau, Dalton	16 Springfield Knights	11:11.50
2 Jones, Benny 18u	15 Nighthawks	11:30.25
3 Jones, William	16 Nighthawks	12:21.08
-- Wright, Blaise	16 Springfield Rush	DQ

**Boys 1-8 800 Meter Run**

Name	Age Team	Finals
1 White, Dawson u8	8 Northwest Arkans	3:32.79
2 Hicks, Myron	8 Northwest Arkans	4:19.66

**2023 Heartland Regional Track Meet - 3/26/2023****3/26/2023****Results****Boys 9-10 800 Meter Run**

Name	Age Team	Finals
1 Tolin, Logan	10 Nighthawks	3:12.50
2 Metzner, James	10 Northwest Arkans	3:20.21
3 McConnell, Noah	10 Northwest Arkans	3:39.12
-- Gazaway, Micah	10 Northwest Arkans	DQ

**Boys 11-12 800 Meter Run**

Name	Age Team	Finals
1 Bucholtz, Karsten	12 Nighthawks	2:39.71
2 Abide, George	12 Northwest Arkans	3:01.89
3 Goze, Sammy	12 Northwest Arkans	3:03.44
4 Goodwyn, Jonathan	11 Springfield Knights	3:19.12
5 Metzner, Andy	12 Northwest Arkans	3:47.27
-- Kentner, Evan	12 Northwest Arkans	DQ

**Boys 13-14 800 Meter Run**

Name	Age Team	Finals
1 Nugent, Darby	13 Springfield Knights	2:30.68
2 Koontz, Noah	14 Springfield Rush	2:33.92
3 Welte, Matyus	13 Springfield Knights	2:50.47
4 Carpenter, Sully	14 Springfield Knights	2:52.78
5 Howard, Liam	14 Nighthawks	2:52.98
6 Menke, Maxwell	14 Springfield Rush	3:00.46
7 McConnell, Brooks	13 Northwest Arkans	3:12.36
-- Schmidt, Ryker	14 Northwest Arkans	DQ

**Boys 9-10 1600 Meter Run**

Name	Age Team	Finals
1 Metzner, James	10 Northwest Arkans	7:31.90
2 Christensen, Edmund	9 Springfield Knights	7:33.50
3 King, Josiah	10 Springfield Knights	8:19.88

**Boys 11-12 1600 Meter Run**

Name	Age Team	Finals
1 Nugent, Asher	11 Springfield Knights	6:31.88
2 Abide, George	12 Northwest Arkans	6:38.23
3 Clingman, Zion	11 Springfield Knights	7:01.45
4 Metzner, Andy	12 Northwest Arkans	9:09.57
5 Hicks, Nahum	12 Northwest Arkans	10:34.06

**Boys 13-14 1600 Meter Run**

Name	Age Team	Finals
1 Jones, Benny	14 Nighthawks	5:26.34
2 Nugent, Darby	13 Springfield Knights	5:37.37

**2023 Heartland Regional Track Meet - 3/26/2023****3/26/2023****Results****...Boys 13-14 1600 Meter Run**

3 Howard, Liam	14 Nighthawks	6:20.76
4 Christensen, William	13 Springfield Knights	6:44.00
-- Menke, Maxwell	14 Springfield Rush	DQ

**Boys 9-10 2400 Meter Run**

Name	Age Team	Finals
1 Christensen, Edmund	9 Springfield Knights	12:12.00
2 King, Josiah	10 Springfield Knights	12:37.49

**Boys 13-14 2400 Meter Run**

Name	Age Team	Finals
1 Nugent, Darby	13 Springfield Knights	8:43.58
2 Menke, Maxwell	14 Springfield Rush	10:53.35
3 Christensen, William	13 Springfield Knights	11:15.35
-- Jones, Benny	14 Nighthawks	DQ

**Boys 9-10 80 Meter Hurdles**

Name	Age Team	Finals
1 Burke, Monroe	9 Springfield Knights	18.86
2 Cameron, Gideon	10 Springfield Knights	20.69
3 Christensen, Edmund	9 Springfield Knights	22.84

**Boys 13-14 100 Meter Hurdles**

Name	Age Team	Finals
1 Powell, Aaron	14 Springfield Rush	14.05
2 Sexton, Remy	14 Springfield Knights	16.21
3 Welte, Matyus	13 Springfield Knights	19.38

**Boys 15-18 110 Meter Hurdles**

Name	Age Team	Finals
1 Negley, Ryan	17 Northwest Arkans	20.56
2 Nugent, Eugene	16 Springfield Knights	20.98

**Boys 13-14 300 Meter Hurdles**

Name	Age Team	Finals
1 Koontz, Noah	14 Springfield Rush	50.12
2 Sexton, Remy	14 Springfield Knights	50.74
3 Riccomini, Dante	14 Nighthawks	52.91

**2023 Heartland Regional Track Meet - 3/26/2023****3/26/2023****Results****Boys 15-18 300 Meter Hurdles**

Name	Age Team	Finals
1 Sexton, Riley	16 Springfield Knights	50.01
2 Nugent, Eugene	16 Springfield Knights	51.50
3 Negley, Ryan	17 Northwest Arkans	52.04

**Boys 9-10 4x100 Meter Relay**

Team	Finals
1 Springfield Knights 'A'	1:15.17
1) Burke, Monroe 9	2) Loomis, Isaac 10
3) Hynson, Daniel 10	4) Basinger, Andrew 9
2 Northwest Arkansas Hornets 'A'	1:18.36
1) Hicks, Coram 10	2) Metzner, James 10
3) White, Soren 10	4)

**Boys 11-12 4x100 Meter Relay**

Team	Finals
1 Springfield Knights 'A'	1:02.45
1) Clingman, Evangel 12	2) Hyson, Nathaniel 12
3) Hiett, Robert 12	4) Lwali, Severin 11
2 Northwest Arkansas Hornets 'A'	1:05.29
1) Gazaway, Micah 12u 11	2) Kentner, Evan 12
3) Gazaway, Zander 12	4) Berry, Silas 12u 11

**Boys 13-14 4x100 Meter Relay**

Team	Finals
1 Springfield Knights 'A'	55.09
1) Goodwyn, Gideon 13	2) Clingman, Lemuel 13
3) Robertson, Mark 13	4) Rogers, Micah 14
-- Springfield Rush 'A'	DQ
1) Parker, Evan 14u 13	2) Fuchs, Alex 14
3) Wright, Isaac 14	4) DeMera, Jonas 14

**Boys 15-18 4x100 Meter Relay**

Team	Finals
1 Springfield Rush 'A'	51.00
1) Powell, Ethan 16	2) Wright, Isaac hs 15
3) O'Dell, Landon 16	4) Fuchs, Alex hs 15
-- Northwest Arkansas Hornets 'A'	DQ
1) Holt, Lane 15	2) Maloch, Dalton 18
3) Negley, Ryan 17	4) Smith, Treyton 17
-- Marion Hope Christian Academy 'A'	DQ

**2023 Heartland Regional Track Meet - 3/26/2023****3/26/2023****Results****Boys 1-8 4x200 Meter Relay**

Team	Finals
1 Springfield Knights 'A'	2:51.03
1) Minner, Thomas 8	2) Cammeron, Reuben 8
3) Ferguson, Jacob 8	4) Fahlstrom, Benjamin 8
2 Northwest Arkansas Hornets 'A'	3:03.31
1) Abide, Elijah 8	2) Abide, Peter 6
3) Bird, Caleb 8	4) White, Dawson u8 8

**Boys 9-10 4x200 Meter Relay**

Team	Finals
1 Northwest Arkansas Hornets 'A'	2:33.08
1) McConnell, Noah 10	2) Schmidt, Zander 10
3) White, Soren 10	4)
2 Springfield Knights 'A'	3:12.60
1) Ferguson, Riley 9	2) Mahadevan, Jay 9
3) Basinger, Andrew 9	4) Welte, Matthan 10u 9

**Boys 11-12 4x200 Meter Relay**

Team	Finals
1 Northwest Arkansas Hornets 'A'	2:21.39
1) Bird, Colin 12	2) Cawein, Nicholas 12
3) Gazaway, Zander 12	4) Snyder, Joshua 11
2 Springfield Knights 'A'	2:29.33
1) Clingman, Evangel 12	2) Goodwyn, Jonathan 11
3) Jaspersen, Jordan 12	4) Welte, Malex 11

**Boys 13-14 4x200 Meter Relay**

Team	Finals
1 Northwest Arkansas Hornets 'A'	2:11.26
1) Classen, Elliot 14	2) Hicks, Eden 14
3) Snyder, Isaac 14	4) Berry, Elijah 14u 13
2 Springfield Knights 'A'	2:19.36
1) Lwali, Joshua 13	2) Welte, Matyus 13
3) Potter, Solomon 14	4) Carpenter, Sully 14

**Boys 15-18 4x200 Meter Relay**

Team	Finals
1 Springfield Knights 'A'	1:52.23
1) Sexton, Riley 16	2) Stoddard, Brennan 17
3) Goodwyn, Josiah 17	4) Clingman, Justice 17
2 Northwest Arkansas Hornets 'A'	1:57.38
1) Holt, Lane 15	2) Kurtz, David 15
3)	4) Maloch, Dalton 18

**2023 Heartland Regional Track Meet - 3/26/2023****3/26/2023****Results****Boys 1-8 4x400 Meter Relay**

Team	Finals
1 Springfield Knights 'A'	7:06.94
1) Hyson, Titus 7	2) Loomis, Michael 8
3) Stone, Joshua 8	4) Goodwyn, Joseph 8

**Boys 9-10 4x400 Meter Relay**

Team	Finals
1 Northwest Arkansas Hornets 'A'	5:59.13
1) Gazaway, Micah 10	2) McConnell, Noah 10
3) Metzner, James 10	4) Schmidt, Zander 10
2 Springfield Knights 'A'	6:17.62
1) Rogers, Keldon 9	2) King, Josiah 10
3) Cameron, Gideon 10	4) Christensen, Edmund 9

**Boys 11-12 4x400 Meter Relay**

Team	Finals
1 Northwest Arkansas Hornets 'A'	5:51.19
1) Abide, George 12	2) Bird, Colin 12
3) Goze, Sammy 12	4) Metzner, Andy 12

**Boys 13-14 4x400 Meter Relay**

Team	Finals
1 Springfield Knights 'A'	5:14.21
1) Fahlstrom, Caleb 13	2) Nugent, Darby 13
3) Sexton, Remy 14	4) Christensen, William 13
2 Northwest Arkansas Hornets 'A'	5:20.53
1) )	2) McConnell, Brooks 13
3) Schmidt, Ryker 14	4) )

**Boys 15-18 4x400 Meter Relay**

Team	Finals
1 Springfield Knights 'A'	4:04.30
1) Roaseau, Dalton 16	2) Nugent, Eugene 16
3) Hynson, Gabriel 16	4) Welte, Mikale 18
2 Northwest Arkansas Hornets 'A'	4:46.32
1) Kurtz, David 15	2) )
3) Schmidt, Ryker hs 15	4) )

**Boys 11-12 4x800 Meter Relay**

Team	Finals
1 Springfield Knights 'A'	12:41.41
1) Nugent, Asher 11	2) Wiberg, James 12
3) Hiett, Robert 12	4) Clingman, Zion 11

**2023 Heartland Regional Track Meet - 3/26/2023****3/26/2023****Results****Boys 1-8 High Jump**

Name	Age Team	Finals
1 Koontz, Benjamin	8 Springfield Rush	2-10.00
1 Welte, Matthan	8 Springfield Knights	2-10.00
3 Stone, Joshua	8 Springfield Knights	2-08.00
-- Menke, Kingston	8 Springfield Rush	DQ
-- Wright, Harrison	8 Springfield Rush	DQ

**Boys 9-10 High Jump**

Name	Age Team	Finals
1 Loomis, Isaac	10 Springfield Knights	3-10.00
2 Ferguson, Riley	9 Springfield Knights	3-08.00
3 Hynson, Daniel	10 Springfield Knights	3-04.00
4 Burke, Monroe	9 Springfield Knights	3-04.00

**Boys 11-12 High Jump**

Name	Age Team	Finals
1 Gazaway, Zander	12 Northwest Arkans	4-03.00
2 Menke, Gideon	12 Springfield Rush	3-10.00
3 Nugent, Asher	11 Springfield Knights	3-08.00
3 Berry, Silas 12u	11 Northwest Arkans	3-08.00
5 Welte, Malex	11 Springfield Knights	3-06.00
6 Hicks, Nahum	12 Northwest Arkans	3-00.00

**Boys 13-14 High Jump**

Name	Age Team	Finals
1 Fuchs, Alex	14 Springfield Rush	4-10.00
2 Welte, Matyus	13 Springfield Knights	4-08.00
3 Jones, Benny	14 Nighthawks	4-06.00
4 Sexton, Remy	14 Springfield Knights	4-04.00
5 Potter, Solomon	14 Springfield Knights	3-08.00
-- Lwali, Joshua	13 Springfield Knights	DQ
-- Classen, Elliot	14 Northwest Arkans	DQ

**Boys 15-18 High Jump**

Name	Age Team	Finals
1 Welte, Mikale	18 Springfield Knights	5-02.00
2 Stoddard, Brennan	17 Springfield Knights	4-10.00
3 Sexton, Riley	16 Springfield Knights	4-08.00
4 Ferguson, Nathan	15 Springfield Knights	4-00.00

**Boys 13-14 Pole Vault**

Name	Age Team	Finals
1 Powell, Aaron	14 Springfield Rush	8-00.00

**2023 Heartland Regional Track Meet - 3/26/2023****3/26/2023****Results****Boys 1-8 Long Jump**

Name	Age	Team	Finals	H#
1 Abide, Elijah	8	Northwest Arkans	10-00.75	1
2 Ferguson, Jacob	8	Springfield Knights	9-06.50	1
3 Stone, Joshua	8	Springfield Knights	8-02.50	2
4 Abide, Peter	6	Northwest Arkans	8-00.25	1
5 Koontz, Benjamin	8	Springfield Rush	7-11.75	1
6 Riccomini, Nicco	8	Nighthawks	7-09.00	2
7 Minner, Thomas	8	Springfield Knights	7-05.25	1
8 Hyson, Titus	7	Springfield Knights	7-04.75	2
9 Bird, Caleb	8	Northwest Arkans	5-01.00	1

**Boys 9-10 Long Jump**

Name	Age	Team	Finals
1 Riccomini, Lucca	10	Nighthawks	9-11.50
2 Rogers, Keldon	9	Springfield Knights	9-01.25
3 Tolin, Logan	10	Nighthawks	8-11.25
4 Basinger, Andrew	9	Springfield Knights	5-03.25

**Boys 11-12 Long Jump**

Name	Age	Team	Finals	H#
1 Schmidt, Everett	12	Northwest Arkans	12-03.50	1
1 Bird, Colin	12	Northwest Arkans	12-03.50	1
3 Menke, Gideon	12	Springfield Rush	12-02.50	1
4 Jasperson, Jordan	12	Springfield Knights	11-00.00	1
5 Hyson, Nathaniel	12	Springfield Knights	10-09.50	1
6 Goodwyn, Jonathan	11	Springfield Knights	10-07.50	2
7 Clingman, Zion	11	Springfield Knights	10-04.50	2
8 Abide, George	12	Northwest Arkans	10-01.00	1
9 Goze, Sammy	12	Northwest Arkans	7-01.50	2

**Boys 13-14 Long Jump**

Name	Age	Team	Finals	H#
1 Fuchs, Alex	14	Springfield Rush	16-01.50	1
2 Rogers, Micah	14	Springfield Knights	15-09.50	1
3 Wright, Isaac	14	Springfield Rush	15-01.00	1
4 Riccomini, Dante	14	Nighthawks	14-09.50	2
5 Snyder, Isaac	14	Northwest Arkans	14-00.75	1
6 Robertson, Mark	13	Springfield Knights	13-07.75	1
7 Hicks, Eden	14	Northwest Arkans	12-07.50	2
8 DeMera, Jonas	14	Springfield Rush	12-05.00	2
9 Classen, Elliot	14	Northwest Arkans	11-01.75	1
10 Ferguson, Knowlton	13	Springfield Knights	10-00.00	1

**Boys 15-18 Long Jump**

Name	Age	Team	Finals
1 Hynson, Gabriel	16	Springfield Knights	17-02.50



**2023 Heartland Regional Track Meet - 3/26/2023****3/26/2023****Results****...Boys 15-18 Long Jump**

2	Goodwyn, Josiah	17	Springfield Knights	16-08.25
3	Negley, Ryan	17	Northwest Arkans	16-02.50
4	Stoddard, Brennan	17	Springfield Knights	14-09.50
5	Holt, Lane	15	Northwest Arkans	12-10.25
6	Stone, Samuel	17	Springfield Knights	12-02.50
--	Snyder, Isaac hs	15	Northwest Arkans	DQ

**Boys 1-8 Triple Jump**

Name	Age	Team	Finals	
1	Koontz, Benjamin	8	Springfield Rush	19-07.50
2	Cammeron, Reuben	8	Springfield Knights	17-08.50
3	Loomis, Michael	8	Springfield Knights	17-06.00
4	Menke, Kingston	8	Springfield Rush	14-08.50
5	Welte, Matthan	8	Springfield Knights	13-11.25
6	Hicks, Myron	8	Northwest Arkans	13-11.00
--	Hyson, Titus	7	Springfield Knights	DQ

**Boys 9-10 Triple Jump**

Name	Age	Team	Finals	
1	Ferguson, Riley	9	Springfield Knights	24-02.00
2	Hynson, Daniel	10	Springfield Knights	22-08.75
3	Cameron, Gideon	10	Springfield Knights	21-05.00

**Boys 11-12 Triple Jump**

Name	Age	Team	Finals	
1	Hiett, Robert	12	Springfield Knights	30-10.00
2	Wiberg, James	12	Springfield Knights	28-05.50
3	Nugent, Asher	11	Springfield Knights	25-06.50
4	Menke, Gideon	12	Springfield Rush	22-11.00
5	Hyson, Nathaniel	12	Springfield Knights	21-10.50

**Boys 13-14 Triple Jump**

Name	Age	Team	Finals	
1	Koontz, Noah	14	Springfield Rush	32-00.00
2	Riccomini, Dante	14	Nighthawks	30-09.50
3	Potter, Solomon	14	Springfield Knights	27-01.25
4	Lwali, Joshua	13	Springfield Knights	25-08.50

**Boys 15-18 Triple Jump**

Name	Age	Team	Finals	
1	Welte, Mikale	18	Springfield Knights	35-10.25
2	Goodwyn, Josiah	17	Springfield Knights	35-07.75
3	Sexton, Riley	16	Springfield Knights	35-05.75
4	Clingman, Justice	17	Springfield Knights	31-06.50

**2023 Heartland Regional Track Meet - 3/26/2023****3/26/2023****Results****Boys 1-8 Shot Put**

Name	Age Team	Finals
1 Fahlstrom, Benjamin	8 Springfield Knights	13-02.50
2 Cammeron, Reuben	8 Springfield Knights	11-08.00
3 Wright, Harrison	8 Springfield Rush	10-07.00
4 Goodwyn, Joseph	8 Springfield Knights	9-09.50

**Boys 9-10 Shot Put**

Name	Age Team	Finals
1 Ferguson, Riley	9 Springfield Knights	23-05.00
2 Parker, Evan	10 Springfield Rush	17-02.50
3 Mahadevan, Jay	9 Springfield Knights	15-03.00
4 King, Josiah	10 Springfield Knights	13-06.00
5 Hicks, Coram	10 Northwest Arkans	12-01.50
-- Hiett, Edmond	10 Springfield Knights	DQ

**Boys 11-12 Shot Put**

Name	Age Team	Finals	H#
1 Hiett, Robert	12 Springfield Knights	31-01.00	1
2 Schmidt, Everett	12 Northwest Arkans	29-03.50	2
3 Gazaway, Zander	12 Northwest Arkans	26-04.00	1
4 Cawein, Nicholas	12 Northwest Arkans	25-08.50	2
5 Clingman, Evangel	12 Springfield Knights	23-07.50	2
6 Snyder, Joshua	11 Northwest Arkans	21-05.00	1
7 Potter, Atticus	11 Springfield Knights	20-09.50	2
8 Welte, Malex	11 Springfield Knights	19-04.00	1
9 Kentner, Evan	12 Northwest Arkans	19-03.00	1
10 Jaspersen, Jordan	12 Springfield Knights	18-10.00	1
11 Rogers, Jude	11 Springfield Knights	17-09.00	1
12 Hicks, Nahum	12 Northwest Arkans	13-09.00	1

**Boys 13-14 Shot Put**

Name	Age Team	Finals
1 Powell, Aaron	14 Springfield Rush	40-11.00
2 Ferguson, Knowlton	13 Springfield Knights	34-08.00
3 Goodwyn, Gideon	13 Springfield Knights	34-03.00
4 Aldama, Jack	14 Northwest Arkans	28-08.00
5 Erickson, Gavin	13 Springfield Knights	28-03.00
6 Carpenter, Sully	14 Springfield Knights	27-05.50
-- Berry, Elijah 14u	13 Northwest Arkans	DQ

**Boys 15-18 Shot Put**

Name	Age Team	Finals	H#
1 Welte, Mundan	16 Springfield Knights	33-05.00	2
2 Powell, Ethan	16 Springfield Rush	30-06.50	1
3 Bloom, Miles	16 Nighthawks	29-07.00	1
4 Potter, Theo	15 Springfield Knights	29-06.50	1

**2023 Heartland Regional Track Meet - 3/26/2023****3/26/2023****Results****....Boys 15-18 Shot Put**

5 Simmons, Corban	16 Marion Hope Chri	29-04.50	1
6 West, Terrance	18 Northwest Arkans	29-00.00	2
7 Ferguson, Nathan	15 Springfield Knights	28-07.50	1
8 Smith, Treyton	17 Northwest Arkans	28-05.00	2
9 Miller, Logan	15 Marion Hope Chri	26-07.00	2
10 Wright, Blaise	16 Springfield Rush	26-06.50	1
11 Hoback, Ashton	17 Northwest Arkans	26-00.00	2
12 Hicks, Emery	17 Northwest Arkans	23-10.50	1
-- O'Dell, Landon	16 Springfield Rush	DQ	1

**Boys 1-8 Discus Throw**

Name	Age Team	Finals
1 Fahlstrom, Benjamin	8 Springfield Knights	40-01.75
2 Loomis, Michael	8 Springfield Knights	37-05.75
3 Ferguson, Jacob	8 Springfield Knights	31-11
4 Wright, Harrison	8 Springfield Rush	25-04.50

**Boys 9-10 Discus Throw**

Name	Age Team	Finals
1 Parker, Evan	10 Springfield Rush	51-06.25
2 Loomis, Isaac	10 Springfield Knights	50-08
3 Tolin, Logan	10 Nighthawks	39-01.50
4 Mahadevan, Jay	9 Springfield Knights	38-06.50
5 Cameron, Gideon	10 Springfield Knights	36-01.50
6 Jones, Adrien	10 Nighthawks	35-05.25
7 Basinger, Andrew	9 Springfield Knights	16-09
-- Hiett, Edmond	10 Springfield Knights	DQ

**Boys 11-12 Discus Throw**

Name	Age Team	Finals
1 Lwali, Severin	11 Springfield Knights	54-06
2 Welte, Malex	11 Springfield Knights	46-04.25
3 Potter, Atticus	11 Springfield Knights	45-06
4 Rogers, Jude	11 Springfield Knights	45-04
5 Clingman, Zion	11 Springfield Knights	43-00.75
6 Hicks, Nahum	12 Northwest Arkans	29-08.50

**Boys 13-14 Discus Throw**

Name	Age Team	Finals
1 Wright, Isaac	14 Springfield Rush	94-02.50
2 Aldama, Jack	14 Northwest Arkans	93-09
3 Koontz, Noah	14 Springfield Rush	89-09.25
4 Ferguson, Knowlton	13 Springfield Knights	86-09.25
5 Carpenter, Sully	14 Springfield Knights	69-06.25
6 Fahlstrom, Caleb	13 Springfield Knights	67-09.75
7 Clingman, Lemuel	13 Springfield Knights	62-02.25
8 Howard, Liam	14 Nighthawks	44-00.75

**2023 Heartland Regional Track Meet - 3/26/2023****3/26/2023****Results****Boys 15-18 Discus Throw**

Name	Age	Team	Finals	H#
1 Welte, Mundan	16	Springfield Knights	92-01.75	1
2 Potter, Theo	15	Springfield Knights	86-05.50	1
3 Ferguson, Nathan	15	Springfield Knights	80-01.25	1
4 Hicks, Emery	17	Northwest Arkans	70-09.75	2
5 Smith, Treyton	17	Northwest Arkans	70-07.50	1
6 Wagner, Brody	18	Nighthawks	67-01.25	2
7 West, Terrance	18	Northwest Arkans	59-04	2
8 Kurtz, David	15	Northwest Arkans	55-05.25	1
9 Hoback, Ashton	17	Northwest Arkans	47-09.75	1

**Boys 13-14 Javelin Throw**

Name	Age	Team	Finals	H#
1 Robertson, Mark	13	Springfield Knights	94-09	1
2 Aldama, Jack	14	Northwest Arkans	86-00	1
3 Hicks, Eden	14	Northwest Arkans	78-06	1
4 Menke, Maxwell	14	Springfield Rush	77-05	2
5 Snyder, Isaac	14	Northwest Arkans	71-07	1
6 Fahlstrom, Caleb	13	Springfield Knights	70-09.50	2
7 DeMera, Jonas	14	Springfield Rush	67-05.75	1
8 Erickson, Gavin	13	Springfield Knights	61-08.75	1
9 Ferguson, Knowlton	13	Springfield Knights	53-11	2
10 Christensen, William	13	Springfield Knights	47-11.75	1

**Boys 15-18 Javelin Throw**

Name	Age	Team	Finals	H#
1 Wagner, Brody	18	Nighthawks	120-08	1
2 Welte, Mundan	16	Springfield Knights	96-00.75	1
3 Clingman, Justice	17	Springfield Knights	86-08	1
4 Ferguson, Nathan	15	Springfield Knights	86-03.75	2
5 Maloch, Dalton	18	Northwest Arkans	85-11.50	1
6 Potter, Theo	15	Springfield Knights	66-05.25	1
7 Stone, Samuel	17	Springfield Knights	47-08	1
-- O'Dell, Landon	16	Springfield Rush	DQ	2
-- Snyder, Isaac hs	15	Northwest Arkans	DQ	2

**Women - Team Rankings - 75 Events Scored**

1) Springfield Knights	899	2) Northwest Arkansas Hornet	422
3) Springfield Rush	321	4) Nighthawks	236
5) Shine	64	6) Marion Hope Christian Aca	21

**Men - Team Rankings - 76 Events Scored**

1) Springfield Knights	1238.50	2) Northwest Arkansas Hornet	623.50
3) Springfield Rush	297	4) Nighthawks	190
5) Marion Hope Christian Acad	25		