

Missouri State Homeschool Track and Field Records (2023)

Please note: Any records from non-MO teams in 2021 were recorded as the beginning Heartland Records in 2022

(This was done as 2021 was more of regional meet due to COVID restrictions)

Note 8u division was added in 2023

| 8u Girls | | | | | | |
|-------------|---|-----------|---------------------|----------|------|-----|
| Event | First Name | Last Name | Team | Record | Year | |
| 50 | Caralyn | Morgan | Springfield Knights | 9.11 | 2023 | new |
| 100 | Adelyn | Morgan | Springfield Knights | 15.77 | 2023 | new |
| 200 | Selah | Watson | FCA Knights | 35.34 | 2023 | new |
| 400 | Adelyn | Morgan | Springfield Knights | 1:27.08 | 2023 | new |
| 800 | Jillian | Douglas | KC East | 3:22.99 | 2023 | new |
| 1600 | S. Smith, E. Nelson, S. Watson, E. Porter | | FCA Knights | 1:15.5 | 2023 | new |
| 4x100 Relay | A. Miller, A. McLean, C. Morgan, K. Campell | | Springfield Knights | 2:45.84 | 2023 | new |
| 4x200 Relay | A. Morgan, E. Wiberg, A. McLean, G. Hiett | | Springfield Knights | 6:16.92 | 2023 | new |
| 4x400 Relay | Adelyn | Morgan | Springfield Knights | 8-06.75 | 2023 | new |
| Long Jump | Aliza | Miller | Springfield Knights | 19-03.75 | 2023 | new |
| Triple Jump | Alora | McLean | Springfield Knights | 3-04.00 | 2023 | new |
| High Jump | Blythe | Garner | ST. Mary's Acd | 14-05.5 | 2023 | new |
| Shot Put | Zoey | Freeland | Lighthouse Chargers | 24-00-5 | 2023 | new |
| Discus | | | | | | |

Division Winners

2023 FCA

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| 8U Boys | | | | | | |
|-------------|---|-----------|----------------------|----------|------|-----|
| Event | First Name | Last Name | Team | Record | Year | |
| | 50 Kingston | Menke | Springfield Rush | 8.96 | 2023 | new |
| | 100 Ben | Brown | St. Mary's Acd | 16.14 | 2023 | new |
| | 200 Ben | Brown | St. Mary's Acd | 35.87 | 2023 | new |
| | 400 Hudson | Kramer | St. Mary's Acd | 1:24.68 | 2023 | new |
| | 800 Brecken | Clemens | FCA | 3:05.37 | 2023 | new |
| | 1600 Jacob | Wilholt | KC East | 6:55.33 | 2023 | new |
| 4x100 Relay | H. Kramer, O. Cahalan, A. Boman, B. Brown | | FCA | 1:10.20 | 2023 | new |
| 4x200 Relay | G. Manning, B. Clemens, C. Gardner, I. Williams | | FCA | 2:44.52 | 2023 | new |
| 4x400 Relay | A. Laddimore, M. Loomis, J. Stone, T. Hynson | | Springfield Knights | 6:26.58 | 2023 | new |
| Long Jump | Jacob | Ferguson | Springfield Knights | 9-05.00 | 2023 | new |
| Triple Jump | Benjamin | Koontz | Springfield Rush | 19-04.25 | 2023 | new |
| High Jump | Connor | Brabo | Lighthouse Christian | 2-10 | 2023 | new |
| Shot Put | Hudson | Kramer | St. Mary's Acd | 16-05.75 | 2023 | new |
| Discus | Ben | Fahlstrom | Springfield Knights | 38-08.00 | 2023 | new |

Division Winners

2023 Springfield Knights

Missouri State Homeschool Track and Field Records (2023)

| 10U Girls | | | | | |
|-------------|---|-----------|----------------------|----------|----------|
| Event | First Name | Last Name | Team | Record | Year |
| 100 | Lucy | Elbert | St. Mary's Acad | 14.72 | 2023 new |
| 200 | Claire | Williams | FCA | 30.82 | 2021 |
| 400 | Janie | Perico | KC East | 01:14.2 | 2016 |
| 800 | Brendlee | Wolf | Springfield Knights | 2:28.09 | 2017 |
| 1600 | Janie | Perico | KC East | 06:03.7 | 2016 |
| 2400 | Olivia | Bryson | Eldorado Christina | 10:20.4 | 2016 |
| 80 Hurdles | Sophia | Bryson | Eldorado Christina | 17.55 | 2018 |
| 4x100 Relay | A. Marcum, A. Bess, P. Smith, M. Bess | | Lighthouse Christian | 1.05.43 | 2018 |
| 4x200 Relay | A. Smith, K. Gardner, J. Crum, V. McMillan | | FCA | 2:24.58 | 2023 new |
| 4x400 Relay | A. Douglas, M. McHehee, Z. Ismert, H. Hthomas | | KC East | 5:52.35 | 2022 |
| 4x800 | C. Sweet, P. Breitenstein, L. Whitney, C. Clemens | | Springfield Knights | 17:25.08 | 2023 new |
| Long Jump | Hanna | Thomas | KC East | 11-02.75 | 2023 new |
| Triple Jump | Claire | Williams | FCA | 25-00-00 | 2021 |
| High Jump | Ella | Marcum | Lighthouse Christian | 4-01-00 | 2021 |
| Shot Put | Asali | Lwali | Springfield Knights | 20-05.5 | 2023 new |
| Discus | Isabelle | Evans | LCA Chargers | 51'0.75" | 2016 |

Division Winners

| | |
|--------------------------|--------------------------|
| 2013 FCA | 2019 Springfield Knights |
| 2014 FCA | 2020 n/a |
| 2015 FCA | 2021 Springfield Knights |
| 2016 KC East | 2022 Springfield Knights |
| 2017 LCA | 2023 FCA |
| 2018 Springfield Knights | |

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| 10U Boys | | | | | | |
|-------------|--|------------|---------------------|---------------------|----------|----------|
| Event | First Name | Last Name | Team | Record | Year | |
| | 100 | Jakob | Stilwell | KC East | 14.24 | 2013 |
| | 200 | Jakob | Stilwell | KC East | 30.52 | 2013 |
| | 400 | Aidan | Thomas | KC East | 01:16.9 | 2013 |
| | 800 | Ian | Thomas | KC East | 2:50.0 | 2016 |
| | 1600 | Creed | Schimpf | KC East | 6:19.81 | 2016 |
| | 2400 | Edmund | Christensen | Springfield Knights | 12:26.43 | 2023 new |
| 80 Hurdles | | Henry | Barron | KC East | 14.61 | 2022 |
| 4x100 Relay | N. Nelson, R. Chang, B. Ferris, C. Burton | | FCA | 1:05.52 | 2023 new | |
| 4x200 Relay | A. Laddimore, E. Scroggins, D. McAllister, J. Marcaria | | Springfield Knights | 2:28.06 | 2017 | |
| 4x400 Relay | I. Boblet, A. thomas, I. Phillips, N. Robinson | | KC East | 05:44.1 | 2013 | |
| 4x800 relay | B. Clemens, L. Hurst, B. Gardner, C. Schweitzer | | FCA | 13:38.48 | 2023 new | |
| Long Jump | Cole | Richardson | Springfield Knights | 11'1.25" | 2017 | |
| Triple Jump | Robert | Hiatt | Springfield Knights | 26-03.50 | 2021 | |
| High Jump | Keaton | Cymbaluk | Springfield Knights | 4'2" | 2016 | |
| Shot Put | Jakob | Stilwell | KC East | 29'2" | 2013 | |
| Discus | Riley | Ferguson | Springfield Knights | 53-06.75 | 2023 new | |

Division Winners

| | |
|--------------------------|--------------------------|
| 2013 KC East | 2019 Springfield Knights |
| 2014 KC East | 2020 n/a |
| 2015 KC East | 2021 Springfield Knights |
| 2016 KC East | 2022 Springfield Knights |
| 2017 Springfield Knights | 2023 Springfield Knights |
| 2018 FCA | |

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| 12U Girls | | | | | |
|-------------|--|-----------|---------------------|----------|----------|
| Event | First Name | Last Name | Team | Record | Year |
| 100 | Kate | Holder | FCA | 14.11 | 2018 |
| 200 | Lydia | Epps | SOMO Rush | 30.14 | 2016 |
| 400 | Arielle | Mann | Springfield Knights | "1:10.26 | 2021 |
| 800 | Oliva | Bryson | Eldorado Christian | 2:52.38 | 2017 |
| 1600 | Oliva | Bryson | Eldorado Christian | 5:55.00 | 2018 |
| 2400 | Oliva | Bryson | Eldorado Christian | 9:8.37 | 2018 |
| 60 Hurdles | Carli | Canovi | Springfield Knights | 9.38 | 2010 |
| 80 Hurdles | Julia | Marshall | LCA | 14.65 | 2013 |
| 100 Hurdles | Kately | Murray | SWMO | 23.27 | 2009 |
| 4x100 Relay | C. Matthews, M. Miller, N. Rhoades, A. Maddock | | LCA Chargers | 59.14 | 2016 |
| 4x200 Relay | A. Douglas, A. Cranston, A. Ungeheler, R. Beckenhaus | | KC East | 2:22.18 | 2023 new |
| 4x400 Relay | A. Lu, K. Schroeder, F. Jenks, M. Christensen | | Springfield Knights | 5:11.08 | 2023 new |
| 4x800 | | | | | |
| Long Jump | Kate | Holder | FCA | 13-09.00 | 2018 |
| Triple Jump | Lydia | Epps | SOMO Rush | 29'1" | 2016 |
| High Jump | Lydia | Epps | SOMO Rush | 5'4" | 2016 |
| Shot Put | Ruth | Daugherty | Metro LaZers | 30'05" | 2016 |
| Discus | Grace | Langford | FCA | 66'7" | 2013 |

Division Winners

| | |
|-------------------|--------------------------|
| 2009 Metro LaZers | 2017 Eldorado Christian |
| 2010 Metro LaZers | 2018 Springfield Rush |
| 2011 Metro LaZers | 2019 Springfield Knights |
| 2012 SOMO Rush | 2020 n/a |
| 2013 SOMO Rush | 2021 Springfield Knights |
| 2014 SOMO Rush | 2022 Springfield Knights |
| 2015 FCA | 2023 Springfield Knights |
| 2016 FCA | |

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Missouri State Homeschool Track and Field Records (2023)

| 12U Boys | | | | | | |
|-------------|--|-----------|----------------------|---------------------|---------|------|
| Event | First Name | Last Name | Team | Record | Year | |
| | 100 | Cole | Richardson | Springfield Knights | 12.4 | 2019 |
| | 200 | Josiah | Smith | FCA | 26.55 | 2022 |
| | 400 | Cole | Richardson | Springfield Knights | 1:03.12 | 2019 |
| | 800 | Isaiah | Watson | FCA | 2:16.67 | 2022 |
| | 1600 | Isaiah | Watson | FCA | 5:26.05 | 2022 |
| | 2400 | Andrew | Sweet | SW Eagles/LCA | 08:39.1 | 2013 |
| 80 Hurdles | | Jonny | Wilder | Springfield Knights | 15.24 | 2012 |
| | | Matyis | Koontz | Springfield Rush | 15.24 | 2022 |
| 100 Hurdles | | Adam | Davis | SW Eagles | 19.2 | 2009 |
| 4x100 Relay | C. Williams, G. Bakley, A. Carlisle, D. Paoletti | | FCA | 52:48.0 | 2019 | |
| 4x200 Relay | L. Lemonier, I. Perryman, W. Maddock ? | | Lighthouse Christian | 2:08.13 | 2022 | |
| 4x400 Relay | A.Williams, I. Inchaustegul, I. Watson, J. Gardner | | FCA | 4:58.29 | 2021 | |
| 4x800 | W. Christensen, M. Welte, R. Hiett, D. Nugent | | Springfield Knights | 12:26.72 | 2022 | |
| Long Jump | Cooper | Knight | El Dorado Christian | 15'7.75" | 2017 | |
| Triple Jump | Cole | Williams | Springfield Knights | 34-06.00 | 2019 | |
| High Jump | Josiah | Smith | FCA | 4-11" | 2022 | |
| Shot Put | Jaedon | Obenour | Springfield Knights | 34'5" | 2010 | |
| Discus | Micah | Rogers | Springfield Knights | 85-04 | 2022 | |

Division Winners

| | |
|-------------------|--------------------------|
| 2009 SWMO Eagles | 2017 Springfield Knights |
| 2010 KC East | 2018 Springfield Knights |
| 2011 KC East | 2019 FCA |
| 2012 SOMO | 2020 n/a |
| 2013 FCA | 2021 Springfield Knights |
| 2014 KC East | 2022 Springfield Knights |
| 2015 FCA | 2023 Springfield Knights |
| 2016 LCA Chargers | |

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Missouri State Homeschool Track and Field Records (2023)

| JH Girls / 14U | | | | | | |
|----------------|---|------------------|----------------------|----------|------|-----|
| Event | First Name | Last Name | Team | Record | Year | |
| | 50 Emma | Rosauer | | 8.3 | 2002 | |
| | 60 A. | Plunkett | Metro Lazars | 9.01 | 2005 | |
| | 100 Laney | Shipley | FCA | 13.24 | 2019 | |
| | 200 Lily | Ray | Springfield Rush | 28.45 | 2023 | New |
| | 400 Colleen | Rhoades | SW Eagles | 1:06.23 | 2012 | |
| | 800 Eva | Goodwyn | Lighthouse Christian | 2:37.91 | 2018 | |
| | 1600 Ella | Grennan | Springfield Knights | 5:52.89 | 2021 | |
| | 2400 Ella | Grennan | Springfield Knights | 9:28.37 | 2021 | |
| | 3200 Hannah | Marcum | Lighthouse Christian | 13:36.84 | 2023 | New |
| 60 Hurdles | Kendra | Sutton | Neosho Rangers | 10.89 | 2005 | |
| 100 Hurdles | Kendra | Sutton | Neosho Rangers | 16.20 | 2006 | |
| 300 Hurdles | Christian | Steuck | Eldorado Christian | 51.17 | 2021 | |
| 4x100 Relay | A. Marcum, S. Strong, O. Gabrielle, ? | | Lighthouse Christian | 56.12 | 2022 | |
| 4x200 Relay | C. Evers, Z. Schimpf, R. Dougherty, K. Holder | | FCA | 2:02.59 | 2018 | |
| 4x400 Relay | A. Marcum, M. Peryman, G. Oglesb, S. Strong | | Lighthouse Christian | 4:38.87 | 2022 | |
| 4x800 Relay | A. Turner, R. Nunn, L. DeFoe, A. Heck | | KC East Lions | 12:00.84 | 2010 | |
| Long Jump | Emmale | Murphree-Roberts | Springfield Knights | 15-00.5 | 2011 | |
| Triple Jump | Lael | Brandon | Lighthouse Christian | 30'8" | 2018 | |
| High Jump | Sarah | Perico | KC East Lions | 4'10" | 2016 | |
| Shot Put | Ruth | Dougherty | FCA | 36'06".5 | 2018 | |
| Discus | Emily | Burchett | KC East Lions | 98-0.5" | 2005 | |
| Javelin | Jordanine | Steuck | Eldorado Christian | 96'11" | 2018 | |
| Pole Vault | Isabelle | Bryson | Eldorado Christian | 6'0" | 2017 | |

Division Winners

| | | |
|--------------------------|--------------------------|---------------------------|
| 2002 KC East Lions | 2010 Metro LaZers | 2018 Lighthouse Christian |
| 2003 KC East Lions | 2011 KC East Lions | 2019 Springfield Rush |
| 2004 KC East Lions | 2012 Metro LaZers | 2020 n/a |
| 2005 KC East Lions | 2013 LCA | 2021 Springfield Knights |
| 2006 KC East Lions | 2014 CPRS | 2022 Springfield Knights |
| 2007 Springfield Knights | 2015 KC East Lions | 2023 Springfield Knights |
| 2008 Metro LaZers | 2016 KC East Lions | |
| 2009 SWMO Eagles | 2017 Springfield Knights | |

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| JH Boys - 14U | | | | | |
|---------------|---|-----------|----------------------|-----------|----------|
| Event | First Name | Last Name | Team | Record | Year |
| 60 | Victor | Rohrer | Springfield Knights | 7.89 | 2005 |
| 100 | Aaron | Powell | Springfield Rush | 11.93 | 2023 new |
| 200 | Josiah | Smith | Springfield Knights | 24.24 | 2023 new |
| 400 | Oscar | Barron | KC East Lions | 54.78 | 2023 new |
| 800 | Oscar | Barron | KC East Lions | 2:15.74 | 2023 new |
| 1600 | Isaiah | Watson | FCA | 5:00.9 | 2023 new |
| 2400 | Logan | Brann | FCA | 8:29.55 | 2022 |
| 3200 | Darby | Nugent | Springfield Knights | 12:03.65 | 2023 new |
| 60 Hurdles | Sam | Stoyeff | Springfield Knights | 10.5 | 2004 |
| 100 Hurdles | Aaron | Powell | Springfield Rush | 14.62 | 2023 new |
| 300 Hurdles | Nathaniel | Sweet | LCA | 44.64 | 2013 |
| 1500 Steeple | Caleb | Grubb | Metro Lazars | "6:23.05 | 2004 |
| 4x100 Relay | Andy West, Joel Smith, joe Langford, Sam Langford | | Metro Lazars | 50.19 | 2008 |
| 4x200 Relay | Kavanaugh, Smith, Pikington, Swaringen | | SW Eagles | 1:45.64 | 2012 |
| 4x400 Relay | I. Phillips, A. Thomas, M. Richardson, D. Both | | KC East Lions | 4:08.72 | 2016 |
| 4x800 Relay | H.Brown, R. Sweet, T. Hugo, C. Sweet | | SW Eagles | 10:44.37 | 2011 |
| Long Jump | Nathaniel | Rohrer | Springfield Knights | 17'11.75" | 2010 |
| Triple Jump | Cade | Williams | FCA | 38-08.25 | 2021 |
| High Jump | Ben | Hunt | Springfield Knights | 5'8" | 2003 |
| | Aaron | Powell | Springfield Knights | 5-8.00 | 2023 new |
| Shot Put | Tyler | Obenour | Springfield Knights | 47'6" | 2010 |
| Discus | Nathanael | Lohn | SWMO | 128'03" | 2008 |
| Javelin | Gunnar | Wintterle | Lighthouse Christian | 129-11.5 | 2022 |
| Pole Vault | Brayden | House | Eldorado Christian | 10'0" | 2016 |

Division Winners

| | | |
|--------------------------|--------------------------|-----------------------|
| 2002 Metro LaZers | 2010 Springfield Knights | 2018 Springfield Rush |
| 2003 KC East Lions | 2011 Springfield Knights | 2019 Lighthouse CA |
| 2004 KC East Lions | 2012 SW Eagles | 2020 n/a |
| 2005 Springfield Knights | 2013 Lighthouse CA | 2021 Tulsa Noah |
| 2006 Springfield Knights | 2014 Lighthouse CA | 2022 Lighthouse CA |
| 2007 Metro LaZers | 2015 KC East Lions | 2023 Lighthouse CA |
| 2008 Springfield Knights | 2016 KC East Lions | |
| 2009 Springfield Knights | 2017 Springfield Knights | |

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Missouri State Homeschool Track and Field Records (2023)

Senior High Girls

| Event | First Name | Last Name | Team | Record | Year |
|-------------|--|-----------|---------------------|----------|----------|
| 60 | Jamee | Mannix | KC East Lions | 8.49 | 2005 |
| 100 | Bailey | Lehr | Metro Lazars | 12.80 | 2010 |
| 200 | Jennifer | Willis | Heritage Acd | 27.16 | 2008 |
| 400 | Molli | Pace | Springfield Knights | 1:02.95 | 2012 |
| 800 | Anna | Hicks | FCA | 02:35.1 | 2016 |
| 1600 | Adi | Cooper | Springfield Knights | 5:46.4 | 2023 new |
| 3200 | Adi | Cooper | Springfield Knights | 12:25.14 | 2023 new |
| 60 Hurdles | Elizabeth | Atkinson | Springfield Knights | 12.21 | 2005 |
| 100 Hurdles | Bailey | Lehr | Metro Lazars | 16.46 | 2010 |
| 300 Hurdles | Charlize | Pate | I.H.S. | 49.58 | 2016 |
| 4x100 Relay | M. Zokruah, D. Richards, B Okolie, D. Zokruah | | Heartland Acd | 53.02 | 2016 |
| 4x200 Relay | M. Zokruah, D. Richards, B Okolie, D. Zokruah | | Heartland Acd | 1:54.3 | 2016 |
| 4x400 Relay | E. Asher, L. Dempsey, E. Cravy, A.Cravy | | KC East Lions | 04:35.6 | 2016 |
| 4x800 Relay | A. Laddimore, R. Christensen, L. Hynson, A. Cooper | | Springfield Knights | 11:35.27 | 2023 new |
| Long Jump | Charlize | Pate | I.H.S. | 16'11" | 2016 |
| Triple Jump | Charlize | Pate | I.H.S. | 34'10" | 2017 |
| High Jump | Lydia | Epps | Springfield Rush | 5'4" | 2019 |
| Pole Vault | Isabelle | Bryson | Eldorado Christian | 7'0" | 2019 |
| Shot Put | Emily | Burchett | KC East Lions | 35'07" | 2007 |
| Discus | Sara | Talbert | KC East Lions | 116'5" | 2009 |
| Javelin | Caroline | Brink | FCA | 99-08.75 | 2021 |

Division Winners

| | | |
|--------------------------|--------------------------|---------------------------|
| 2002 KC East Lions | 2010 KC East Lions | 2018 Springfield Knights |
| 2003 Springfield Knights | 2011 KC East Lions | 2019 KC East Lions |
| 2004 KC East Lions | 2012 KC East Lions | 2020 n/a |
| 2005 KC East Lions | 2013 KC East Lions | 2021 Tulsa Noah |
| 2006 KC East Lions | 2014 KC East Lions | 2022 Lighthouse Chirstian |
| 2007 Springfield Knights | 2015 KC East Lions | 2023 Lighthouse Chirstian |
| 2008 KC East Lions | 2016 KC East Lions | |
| 2009 Heartland | 2017 Springfield Knights | |

Golden Shoe Winner

| | |
|---|----|
| 2022 Caroline Brinks-FCA | 32 |
| 2023 Allie Marcum- Lighthouse Christian | 35 |

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Missouri State Homeschool Track and Field Records (2023)

| Senior High Boys | | | | | | |
|-------------------------|---|-----------|--------------------------|----------|--------------------------|--|
| Event | First Name | Last Name | Team | Record | Year | |
| 50 A | Fulk | | Metro Lazers | 6.43 | 2002 | |
| 60 | Luke | Lohn | Springfield Knights | 7.57 | 2005 | |
| 100 | Gabe | Hynson | Springfield Knights | 11.08 | 2023 new | |
| 200 | Nate | Eudaly | KCE | 23.23 | 2010 | |
| 400 | Gabe | Hynson | Springfield Knights | 53.02 | 2023 new | |
| 800 | Aidan | Thomas | KC East | 2:04.20 | 2021 | |
| 1600 | Josh | Way | Team Way | 4:32.58 | 2023 new | |
| 3200 | Kallen | Webster | KC East | 10:17.97 | 2016 | |
| 60 Hurdles | Kevin | O'Reilly | KC East | 11.24 | 2005 | |
| 110 Hurdles | Christopher | Morrison | KC East | 15.52 | 2013 | |
| 300 Hurdles | Elijah | Robinson | KC East | 42.49 | 2016 | |
| 4x100 Relay | Cameron, Minner, Rohrer, Smith | | Springfield Knights | 44.53 | 2009 | |
| 4x200 Relay | Z. Glaser, I. Newport, N. Lauck, M. White | | KC East | 1:37.88 | 2022 new | |
| 4x400 Relay | R. Sweet, J. Swadley, A. Davis, M. Good | | LCA | 03:42.9 | 2013 | |
| 4x800 Relay | Clark, Meissner, Frazier, Miessner | | SOMO Rush | 9:49.68 | 2012 | |
| Long Jump | Sam | Langford | Metro Lazers | 22'01 | 2012 | |
| Triple Jump | Sway | Jenkins | FCA | 43-07.25 | 2021 | |
| High Jump | Sway | Jenkins | FCA | 6'2" | 2019 | |
| Shot Put | John | Talbert | KC East | 53'11.5" | 2008 | |
| Discus | John | Talbert | KC East | 189'4.5" | 2008 | |
| Pole Vault | Seth | McKinney | El Dorado Christian | 11'6" | 2017 | |
| Javelin | Andrew | Trotter | KC East | 136'9" | 2016 | |
| <u>Division Winners</u> | | | | | | |
| 2002 | Metro LaZers | | 2010 KC East | | 2018 KC East | |
| 2003 | KC East | | 2011 KC East | | 2019 KC East | |
| 2004 | Springfield Knights | | 2012 SW Mo Eagles | | 2020 n/a | |
| 2005 | KC East | | 2013 LCA | | 2021 KC East | |
| 2006 | Springfield Knights | | 2014 KC East | | 2022 KC East | |
| 2007 | Springfield Knights | | 2015 KC East | | 2023 Springfield Knights | |
| 2008 | KC East | | 2016 KC East | | | |
| 2009 | SWMO Eagles | | 2017 Springfield Knights | | | |
| Golden Wing Winners | | | | | | |
| 2022 | Cade Williams-FCA | | | 28 | | |
| 2023 | Gabe Hynson-Springfield Knights | | | 32 | | |

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