

## 22nd Missouri State Homeschool Invitational Track and Field Meet

Saturday April 20- Eldorado Springs MO  
Eldorado High School

Cost- \$125 per team per division per gender(Note 10U and 8U is \$15.00 per kid up to \$125)

Individual Entry Fee is \$25.00

Awards- Medals to top three in each event and ribbons to 4th-6th places

Awards- Trophies to top two places in each division

"9:00 AM Javelin- SH and 14u/JH Girls  
Pole Vault- SH/JH Boys and Girls- Will start when they are ready

9:30 AM JavelinSH and 14U/JH Boys

**Note: High Jump is regular 3 attempts at a height**

"10:00 AM	3 throws or jumps HS-Boys Long Jump 14U/JH Boys Discus	HS- Girls Triple Jump 14U/JH - Girls Shot Put 14U/JH - Girls High Jump
"11:00 AM	3 throws or jumps HS - Boys Triple Jump HS- - Boys Shot Put 14u/JH - Boys High Jump	14u/JH - Girls Long Jump HS - Girls Discus
"12:00 AM	3 throws or jumps 14u/JH Boys Long Jump HS - Boys Discus	14U/JH - Girls Triple Jump HS - Girls Shot Put HS - Girls High Jump
"1:00 pm	3 throws or jumps 14u/JH - Boys Triple Jump 14u/JH - Boys Shot Put HS - Boys High Jump	HS - Girls Long Jump 14u/JH - Girls Discus
2:00 pm	3 throws or jumps 12-U -Boys Long Jump 10U and 8U - Boys Discus	12U - Girls Triple Jump 10U and 8U - Girls Shot Put 10U and 8U Girls High Jump
"2:45pm	3 throws or jumps 12U- Boys Triple Jump 12U- Boys Shot Put 10U and 8U- - Boys High Jump	10U and 8U - Girls Long Jump 12U - Girls Discus
3:30 pm	3 throws or jumps 10U and 8U Boys Long Jump 12U - Boys Discus	10U and 8U - Girls Triple Jump 12U - Girls Shot Put 12U - Girls High Jump
4:15	3 throws or jumps 10U and 8U Triple Jump 10U and 8U Shot Put 12 UBoys High Jump	12 u Girls Long Jump 10U and 8U Girls Discus

9:30 AM 12U 10U and 8U will start their running events.  
We will run 8U, 10U 12U G, 8U, 10U 12U Boys  
We will combine events if there are not enough athletes in a division

Hurdles 80 Meter Girls/Boys(30 inch)- 10U and 12U  
4 x 100 Meter Relay  
800 meter run  
100 meter dash Finals only  
4 x 800 Meter Relay-  
4 x 200 Meter Relay  
400 Meter Finals  
200 meter dash  
1600 Meter Run  
50 Meter- 8U only  
4 x 400 meter relay

**2400 NOTE 10U and 12U run 2400.**

Estimated start  
1:00 pm ish

We will run 14U/JH girls, 14U/JH boys, HS-G, HS-B  
All events timed as finals

1600 Meter Run  
Hurdles 100 Meter Girls(30 inch)-14U/Junior High Girls  
Hurdles-100 Meter Girls/Boys(33 inch)-Junior High Boys and High School Girls  
Hurdles- 110 Meter Boys(39 inch) High School Boys  
4 x 100 Meter Relay  
800 meter run  
100 meter dash Finals only  
4 x 800 Meter Relay-  
4 x 200 Meter Relay  
400 Meter Finals  
300 Inter. Hurdles(30 inch girls/boys) Junior High Girls and High School Girls  
300 Inter. Hurdles(33 inch boy) Junior High Boys  
300 Inter. Hurdles(36 inch boy) High School Boys  
200 meter dash

**3200 meters including NOTE 14U/JH run the 3200**

4 x 400 meter relay

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